JED Campus Team Meeting

1-10-2023

9-10am Compass Room 3

Members: Ian, Marie, Ambria, David, Angeli, Faye, Jeff

1. Welcome
2. Announcements
   1. CPR (with Red Cross) to start this month with PHEs, commandants, along with You Can Help (Jeff) component
      1. 2-3 hours total
      2. To be offered monthly with 10 participants per month
      3. Targeted groups: For weight room supervisors, Sailing team
      4. For those seeking new and recertification of CPR
      5. Promotion with PHE
   2. Keelhauler Fit starting this month
      1. Physical and mental health and wellness
      2. Assessments included
      3. For students, faculty, and staff
      4. Includes sleep, nutrition, yoga (collaboration with Angeli), spin,
      5. Focus is to Integrate with holistic health and wellness, including academics
3. Healthy Minds Study (HMS) – Student Survey (see further information below and attached)
   1. Local Questions
      1. Suggestion to include ME-L and ME non license as options
   2. Incentives – starting proposal of approximately $1,000 in incentives
      1. Bookstore items - 5 dollars for each completed survey and 10 $25 vouchers
      2. Discussion of a competition between majors. Is that possible? Division t-shirts suggested.
         1. Incentives for overall completion rates (10, 20, 30 percent)
            1. Incentives: spirit day, formation off, and t-shirts
      3. Revisited raffle vouchers and decided on 20 $25$ vouchers.
      4. Number of students versus percent agreed upon
         1. 100 (12.5%), 200 (25%), 300 (37.5%) students completed
      5. Ian to approach Commandant’s Office. Request incentive support and funding.
   3. Promotional Campaign
      1. Past promotion: Tabling, flyers, formation, community day, housing,
      2. Survey completion parties
         1. With outside food
         2. Housing, RHOs, after formation, others
      3. Flyers (Marie)
         1. Buzz words for flyers and promotion: Super easy, quick, incentives, share your thoughts about campus, your voice matters
      4. Addressing resistance of it “not making a difference”
         1. Note how info will be shared (e.g., published executive summary, presentations) and impact of past data (e.g., supported removal of sexist murals on TSGB)
      5. Locations: formation, community day (feb 23),
      6. Jeff to reach out to athletics including promotion in training room, study halls, etc
      7. David to work with Housing, including possible housing email to all residents(?)
      8. Email to dept heads (Ian)
      9. Ian to attend formation and provide announcement that includes promotion of the survey and updates on # completed
      10. Suggested Info session about the survey Feb 1 or right before first email to students
      11. QR codes at bistro? Ian to inquire about possibility because
      12. Faculty senate announcement in classes (Ian)
4. Food
   1. Noted concerns about a 20-40 min wait for hamburger on a weekday, having to order online, inconvenient accommodations
      1. Accommodations not available to be paid for on the app. Food allergy or preference.
   2. Who is in control over food?, higher standards and expectations of students but not of food, student athletes and others with demanding calorie output, physical demands, food options are inconsistent and insulting. Morale effects are negative. Related to research on seafarer mental health that states food is critical to wellbeing
   3. Survey item for data in HMS
   4. What can jed do?
      1. Accommodations advocacy
         1. Involve health center and Dr. Chou