# HOW TO USE ABORTION PILLS

### The Medications

A medication abortion requires 2 different medications. The first is **Mifepristone** and the second is **Misoprostol**.

# When to Start Birth Control

- You can get the implant as soon as the same day as the medication abortion.
- You can start the pill, shot, ring, or patch a day or two after taking Misoprostol.
- You can get an IUD when the bleeding has slowed down enough.

# **Timeline for Taking the Medications**

Time Since Last Period	8 Weeks or Less	9-11 Weeks
Day 1	Take Mifepristone	Take Mifepristone
Day 2 (24-48 hours after taking Mifepristone)	Take anti-nausea & pain medication as directed  Take 4 tablets of Misoprostol	Take anti-nausea & pain medication as directed  Take 4 tablets of Misoprostol  Wait 4 hours, then take 4 more tablets of Misoprostol

## **Notes**

#### **Pain Medication**

Take pain medication, like Ibuprofen and anti-nausea medications as advised by your doctor. Pain medications can be taken before taking Misoprostol. You can continue to take pain medication as needed. Follow the directions on the package.

#### **Misoprostol**

Place 4 Misoprostol tablets between your cheek and gums. Put 2 pills on each side of your mouth. Do this 24- 48 hours after taking Mifepristone. If your period was 8 weeks ago or less, only use 4 tablets of Misoprostol. If your period was more than 8 weeks ago, take a second dose of Misoprostol 4 hours after taking the first dose.

### **Bleeding**

Cramps and heavy bleeding should start within 24 hours after taking Misoprostol. You may see blood clots. You may also have a fever, chills, or diarrhea. If you do not have any cramps or bleeding, contact Student Health and Counseling Services at 707-654-1170.