



### 2022-23 Financial Aid

To be eligible for financial aid – grants, scholarships, and loans – at Cal Maritime, you need to complete **annually** the Free Application for Federal Student Aid (FAFSA). Even if you are receiving aid in the current academic year, you will need to complete a new FAFSA every year. The 2022-23 FAFSA application will be based on 2020 tax year information. For more information and to start your application now, visit the [FAFSA website](#). Do not wait until the March 2 deadline, because you will miss institutional aid opportunities!

### Upcoming Activities with ASCMA

*Ice Skating at [Vacaville Ice Sports](#)*

Friday, December 10 – 1930 – Rizza

[Buy your ticket from ASCMA for \\$4.](#)

Meet at 1830 in Lot A for free transportation.

*The Secret Vault at [ATG Escape Rooms](#)*

Sunday, December 12 – 1800

[Buy your ticket from ASCMA for \\$5.](#)

Meet at 1720 in Lot A for free transportation.

### Confidentiality and Mental Health

Absolute confidentiality about cadets' medical and psychological issues is maintained at the Student Health Center as prescribed by the Health Insurance Portability and Accountability Act (HIPAA). We cannot confirm nor deny whether patients are seen by the medical staff or counselors and we do not divulge any private health information without written authorization.

To learn more about the health care and Coast Guard licensure, review this [statement from the Health Center and Counseling and Psychological Services \(CAPS\)](#) or contact Dr. Grace Chou, MD by phone (707-654-1170) or [email](#).

### [Mass Vaccine Clinic](#)

Solano County Public Health is providing COVID-19 vaccines (ages 5-11) and boosters (ages 18+) and flu shots (ages 6 months+) until mid-December at the Solano County Fairgrounds, Wednesdays-Saturdays, 0900-1200 and 1300-1600. Walk-ins welcome or register [online](#) or by phone (800-672-0150).

### Upcoming Home Athletic Competitions

Cal Maritime Women's Basketball will return to action with a double-header when it hosts Oregon Tech and Southern Oregon this weekend for the Keelhauler Classic! The Men are also on the court with a non-conference matchup on Sunday and the final home event of 2021 with an exhibition contest on Tuesday.

- **Saturday, December 11**  
1300 – W Basketball v. Oregon Tech at PEAC
- **Sunday, December 12**  
1400 – M Basketball v. Bushnell at PEAC  
1700 – W Basketball v. Southern Oregon at PEAC
- **Tuesday, December 14**  
1930 – M Basketball v. Holy Names at PEAC

### Let's Celebrate Service!

Join us for the Fall Community Engagement Service Awards on Tuesday, December 14, 1100-1200, in Rizza. The Office of Community Engagement wants to acknowledge and thank all those who have participated in service this semester, especially those who have completed at least 15 hours and will be receiving a service award (ribbon or star). Light refreshments will be served. Look for details and sign up for this event on at [Keelhaulers Care](#). Contact [JoEllen Myslik](#) for more information.

### [Chill Lounge](#)

Peer Health Educators will be having de-stressing activities before finals. Stop by and say, "Hi," to our LAPS therapy dogs in Rizza on Tuesday, December 14, 1800-1930, and Paint with Your Peers in Compass on Thursday, December 16, 1700-1900. Study snacks, cookies, and self-care kits available in limited quantities. For more information, contact [Angeli Acosta](#).

### Winter Break Watchstanding Opportunities

Watchstanders are still needed for paid (\$14.50/hour) secured watch over Winter Break (Friday, December 17 to Tuesday, January 9), especially deck watchstanders. Reduced or waived housing fees are available for those working multiple shifts. This is an excellent opportunity to study for the USCG exam while getting paid. Contact [Chief Mate Ryals](#) for more information.