

## Dear Cadets,

We at Health Services would like to remind you that receiving treatment for psychiatric conditions (either counseling or medication management) is not disqualifying for coast guard licensure. Please be sure to document any mental health condition and the treatment involved to demonstrate transparency on paperwork. Omitting that information can be disqualifying. However, again, the USCG typically does not deny applications for a mental health condition, especially if such a condition is being actively treated or in remission.

In addition, our Mariner Mental Health Working Group has worked diligently in the last few years to share information and speakers who address mariner mental health. Please see one example in this <u>interview with Dr. Torres-Reyes</u> ("Dr. TR").

Well wishes,

The Staff at the Health Center/Counseling and Psychological Services