THE BEAR'S TALE

CAL MARITIME NEWS AND ANNOUNCEMENTS

September 22, 2021

Important Dates

- October 4: Last day to withdraw from a class with a "W"
- October 15: Last date to remove Incomplete grades from spring 2021
- October 25: Academic advising begins for spring registration
- November 8-19: Registration period for spring semester
- November 11: Veteran's Day No Classes

Band Division Recruitment

Yes! You read the title correctly! Cal Maritime is forming a mixed academic division for any and all cadets who wish to be part of the Fighting Keelhauler Marching Band! Don't play an instrument but want to learn? Sign up! For more information, contact Cadets <u>Parker Forsythe</u> or <u>Johnny Ferguson</u>.

Student Employment Opportunities

With work schedules of 2-20 hours/week and salaries up to \$18.50/hour, you can find the right job to fit into your schedule and earn the extra cash you want in your pocket! On-campus employment limits your time and cost for transportation and has a direct impact on our community. Help make classroom material more affordable, tell the university's story through social media, help solve problems in the residence halls, and keep swimmers safe...they're all opportunities with on-campus jobs. Apply for your position today through <u>Student Employment</u>.

Dean's Drop-In and Passport Hours

Every Thursday, 1500-1700, Dean Griswold hosts drop-in hours for cadets to visit, get questions answered, or share concerns. Private appointments can also be scheduled for Mondays (1400-1600) or Wednesdays (0800-1000) through <u>Passport</u> or by calling 707-654-1470.

Printing on Campus

Cal Maritime offers printing services on campus through print kiosks powered by wēpa. With wēpa, you can print directly from your laptop, tablet, cell phone, or flash drive! Review the <u>instructions to print</u> and access printers in Lab 101, Classroom 105, URH Cove, Morrow Cove, Library or McCallister 2nd Floor Study Area.

Fluffy Therapy

Fluffy Therapy is back for the semester! Hosted by the Peer Health Educators, <u>LAPS (Loving Animals Providing Smiles)</u> will be on campus with therapy dogs to help students with stress. Come spend some time with LAPS' handler/animal teams and learn about the positive effects of animals on health and human development. Fluffy friends will be visiting on Thursday, September 23, 1800-1930, in Rizza. For more information, contact <u>Angeli Acosta</u>.

Upcoming Home Athletic Competitions

Join Golden Beard and your fellow Keelhaulers as the soccer and water polo teams host the first home games of the 2021-22 season! The fun starts next week and runs Thursday to Sunday.

- Thursday, September 30
 1700 W Soccer v. Mills College at Bodnar
 1930 M Soccer v. Providence Christian at Bodnar
- Saturday, October 2
 0900 M Water Polo v. Cal at PEAC
 1100 M Soccer v. Marymount CA at Bodnar
 1320 M Water Polo v. UC Merced at PEAC
 1330 W Soccer v. Marymount CA at Bodnar
- Sunday, October 3 1320 – M Water Polo v. UC Santa Cruz at PEAC 1650 – M Water Polo v. Chico State at PEAC

Mindfulness Mondays

Hosted by Counseling and Psychological Services (CAPS), Mindfulness Mondays are back! Hosted on Zoom on Mondays at 1200, alternating weekly sessions will feature mindfulness-based stress reduction exercises (hosted by Andrea Scheider) and yoga set against the backdrop of the Cal Maritime the waterfront (hosted by Capt. Tamara Burback).

ASCMA Club Rush

It's time to get started with the year for Cal Maritime clubs and organizations! Come learn about all the opportunities to get involved with social, civic, academic, honor, political, cultural, and other cadet-led groups on campus. The event will be held Friday, October 1, 1100-1200, on the Quad. Contact Brittany Holloway for more information.