

2021-23, Drug Free Schools and Communities Act (DFSCA) Biennial Review

California State University, Maritime Academy

Angeli Acosta, MPH, MCHES, Health Educator
Office of Cadet Affairs, Leadership, and Development
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INTRODUCTION

Background on Drug Free Schools and Communities Act (DFSCA)

The Drug-Free Schools and Communities Act (DFSCA) of 1989, also known as the Drug-Free Schools and Campuses Act, requires institutions of higher education to establish policies that address unlawful possession, use, or distribution of alcohol and illicit drugs for faculty, staff, and students. Any institution receiving federal financial assistance are required to adopt and implement a program to prevent the use of illicit drugs and the abuse of alcohol.

It is the policy of Cal Maritime that the guidelines for the use of alcohol on campus comply with CSU and Federal Government directives as follows. Cal Maritime prohibits the unlawful possession, use, sale, or distribution of alcohol and illegal drugs by students, faculty, and staff on its property, training vessels, or as part of any Cal Maritime sponsored activity.

Purpose

The last biennial review was conducted 2019-2021. The purpose of this biennial review is to evaluate the campus' current drug and alcohol climate, programs, resources, and policies.

Time Frame

The time frame for this biennial review includes academic years (AY) 2021-22 and 2022-23. The review started in September 2022 and ended in September 2023.

Methodology

The Alcohol and other Drugs (ATOD) Committee restarted September 2022 after being on pause since Spring 2020. It is chaired by Dr. Ian Wallace, Director of Counseling and Psychological Services (CAPS). Members of the ATOD committee helped contribute to this year's biennial review.

The Alcohol, Tobacco, and Other Drugs (ATOD) Advisory Committee is comprised of faculty, staff and students from across campus. Under the division of Cadet Leadership and Development (CLD), the ATOD Advisory Committee develops and reviews goals, assesses the effectiveness of campus alcohol and other drugs policies and programs, and makes recommendations to the Vice President of CLD. These efforts strive to maintain a safe and productive learning environment at Cal Maritime.

Copies of the 2021-2023 Biennial Review can be found at the Student Health Center. Requests for copies of past or current Biennial Reviews can be sent to Angeli Acosta, Health Educator, amacosta@csum.edu. Biennial Reviews are kept for 5 years.

DFSCA Review Committee

We would like to thank the Alcohol and Other Drugs (ATOD) committee members for making this report possible:

Dr. Kathleen McMahon, Vice President of Cadet Affairs

Dr. Beth Hellwig, Interim Vice President of Cadet Affairs

Siobhan Case, Interim Assistant Dean of Cadets and Director of Community Standards

Dr. Grace Chou, Chief Medical Officer, Student Health Center

Dr. Ian Wallace, Director of Counseling and Psychological Services (CAPS)

Lennon Prothro-Jones, Director of Residence Life

Craig Dawson, Director of Facilities Operations, Environmental Health & Safety

Dr. Chris Chiego, Assistant Professor, Global Studies and Maritime Affairs

David Taliaferro, Commandant of Cadets

Jimmy Moore, Deputy Commandant

David Chrisman, Lead Peer Health Educator, Residence Hall Officer

Ambria Gee, Lead Peer Health Educator, Residence Hall Officer

Faye Joelson, Lead Peer Health Educator

ANNUAL POLICY AND NOTIFICATION PROCESS

Plan to Distribute Drug and Alcohol Policy to Campus Community

A copy of the DFSCA Annual Notification was distributed to Student Leaders during Orientation Leader training in August 2021 and August 2022. It was also given to all incoming and transfer students during Orientation Week Fall 2021 and Fall 2022. A copy of the DAAPP statement was included in the Clery report. A physical copy of the annual notification will be included in welcome packets for all incoming students.

The DFSCA report and annual notification will be posted in physical spaces in the Administration Building and Facilities so they will be accessible to all employees. A digital copy of the **2023-24 Annual Notification is included in Appendix I**.

AOD PREVALENCE RATE, INCIDENCE RATE, AND NEEDS ASSESSMENT AND TREND DATA

Number of alcohol and drug (AOD) related incidents and fatalities that occur on campus

No fatalities reported between 2021-23

Number of alcohol and drug (AOD) related incidents that are reported to campus officials.

Table 1: Number of drug and alcohol related incidents report

	2021	2022	2023
Alcohol Paraphernalia	0	0	0
Underaged Possession/Intoxication	27	30	29
Drug Possession	4	2	1
Failed Drug Test	0	1	1
Possession/Intoxication	8	7	5

Alcohol and other drug related ambulance transports/calls for service

No cadets were transported to the hospital between 2021-2023.

Inclusion of other surveys that have been used on your campus that ask alcohol and other drug related questions.

With the completion of an 18-month JED Fundamentals Program, the Healthy Minds Survey (HMS) was implemented in Feb 2023 as part of a plan to help guide mental health efforts on campus. (Refer to Appendix II: JED Fundamentals Executive Summary).

HMS is an annual web-based survey on mental health, service utilization, and related issues among undergraduate and graduate students. HMS emphasizes understanding help-seeking behavior, examining stigma, knowledge, and other potential barriers to mental health service utilization. In this survey, examples of modules include mental health climate, upstander/bystander behaviors, resilience and coping, alcohol and substance use, sexual harassment and assault.

The individual survey links were distributed to cadets on February 9, 2023, via their campus email and survey links were closed on March 3rd. Participation was voluntarily based, took about 25-30 minutes to complete, and had a 25% response rate. Cadets who completed the survey were given a \$5 Keelhauler Bookstore voucher and a chance to receive a \$25 Bookstore gift card.

- With 182 responses, 2% reported they had a substance use disorder (e.g. alcohol abuse, abuse of other drugs).
- With 186 responses, 62% said “yes” to drinking any alcohol over the past 2 weeks.
- With 113 responses, during the last two weeks, how many times have students have had 4 (if female/intersex) or 5 (if male) or more drinks in a row?

	Female	Male
1 time	35%	25%
2 times	12%	14%
3-5 times	12%	15%
6-9 times	3%	6%
10+ times	3%	5%

- Out of 180 responses, over the past 30 days, have students used any of the following drugs?

Substance	Percentage of Responses
Marijuana	5%
Cocaine (any form, including crack, powder, or freebase)	1%
Methamphetamines (also known as speed, crystal meth, Tina, T, or ice)	1%
Other stimulants (such as Ritalin, Adderall) without a prescription or more than prescribed	3%

MDMA (also known as Ecstasy or Molly)	1%
Opioid pain relievers (such as Vicodin, OxyContin, Percocet, Demerol, Dilaudid, codeine, hydrocodone, methadone, morphine) without a prescription or more than prescribed	1%
LSD (also known as acid)	3%
Psilocybin (also known as magic mushrooms, boomers, shrooms)	6%
Kratom	1%
Other drugs without a prescription	1%
No, None of these	89%

Drug Free Campus Policy Statement

In accordance with [Executive Order 930](#), The CSU is committed to maintaining a workplace free from unlawful manufacture, distribution, dispensation, possession, sale, offer to sell, purchase, offer to purchase and/or unlawful use of controlled substances or alcohol on campus, or as any part of university-related activities, is prohibited. Controlled substances include, but are not limited to, marijuana, heroin, cocaine, LSD and amphetamines. Employees must remain free from the influence of controlled substances or alcohol while on duty.

Employees violating this policy are subject to discipline up to and including dismissal. In addition to, or in lieu of discipline, CSU may require employees violating the policy to participate in a drug-use rehabilitation program.

[\(Refer to Appendix VIII: Drug Health Risks Information\)](#)

Alcohol Policy

The campus alcohol policy was made effective in 1997. In Fall 2022, under the recommendation of the ATOD Committee, it was requested that the policy be reviewed and updated by the President's Cabinet. ATOD will continue to work with the President's Cabinet and the updated policy will be included in the next biennial report.

The current alcohol policy states, "It is the policy of Cal Maritime that the sale, disbursement, consumption or possession of alcoholic beverages on campus or off campus, during Cal Maritime sponsored events, be allowed with prior written approval by a member of the President's Cabinet, senior administration of Cal Maritime. Cal Maritime prohibits the unlawful possession, use, sale or distribution of alcohol and illegal drugs by students, faculty, staff, and visitors on its property, training vessels, or as part of any Cal Maritime sponsored activities. This prohibition extends to any off-campus activities that are sponsored by Cal Maritime or any of its recognized clubs and organizations."

[\(Refer to Appendix III: Campus Alcohol Policy\)](#)

Alcohol Policy on the Training Ship Golden Bear (TSGB)

Cal Maritime is required to comply with all U.S. Coast Guard Regulations regarding the consumption of alcohol and the operation of maritime vessels (35 CFT Part 95). These regulations apply to all crew members (including licensed individuals), administrative staff, faculty, cadets, and guests.

The possession or consumption of alcoholic beverages on board the T.S.G.B. is prohibited at all times unless the Captain of the T.S.G.B. and/or a President's Cabinet member have provided written permission.

No person shall perform or attempt to perform any scheduled duties within four hours of consuming any alcohol or be intoxicated at any time while on board the T.S.G.B.

The U.S. Coast Guard has established an alcohol blood limit of .04 percent by weight for any person operating a maritime vessel. A crew member (as defined above) or cadet returning to the ship who is having difficulty walking, talking, behaving with sobriety, or whose observed general appearance or behavior indicates intoxication may be required to take a chemical test.* If the results of that test

indicate that the individual is above the .04 standard, shipboard disciplinary action will be taken. The decision to test or not to test shall be made by the faculty, staff officer, or watch officer.

Crew members (as defined above) or cadets who refuse to undergo a timely chemical test, or fail the test, are subject to disciplinary action including repatriation to Vallejo at their own expense. For licensed faculty and crew, the U.S. Coast Guard will be notified of any chemical test exceeding .04 percent.

* As referenced and applied in this policy, “chemical test” means a scientifically recognized test which analyzes an individual’s breath, blood, urine, saliva, bodily fluids or tissues for evidence of intoxication and is administered by a trained faculty or staff employee, or an appropriate medical or laboratory professional.

Drug Testing Policy

All Cadets are required to participate in a mandatory Drug Testing Program that includes testing for reasonable cause/suspicion, post-incident, return to duty, follow-up and random testing. This program is consistent with the U.S. Department of Transportation (DOT) Drug Testing regulations. Specific procedures are available from the Office of the Commandant.

Drug testing includes screening for marijuana and its active ingredients.

Refusal to participate in the drug test program; falsifying or attempting to falsify a drug test; or intentionally missing a scheduled drug test shall lead to disciplinary action.

(Refer to Appendix IV: Cadet Drug Testing Policy)

Tobacco/No Smoking Policy

Effective September 1, 2017, all California State University campuses shall be 100% Smoke Free and Tobacco Free. Therefore, smoking, the use or sale of tobacco products, and the use of designated smoking areas are prohibited at Cal Maritime. This applies to the Training Ship GOLDEN BEAR while docked at Cal Maritime and while sailing.

Alcohol Beverages – Sale, Serving, and Consumption

The Cal Maritime Cooperation trains their servers with a program called ServSafe Alcohol. Identification is required to verify alcohol is served to anyone over 21. During campus or community celebratory events, The Cal Maritime Cooperation offers drink limits and partners with campus Police Department to help monitor events. The Cal Maritime Cooperation services offers alcohol free social options. Student Activities also offers alcohol-free activities and events for students.

Approval Process for the use of alcoholic beverages

1. All requests for the sale, disbursement, consumption or possession of alcoholic beverages on campus or off campus, during Cal Maritime sponsored events, must complete an Alcohol Request Form.
2. Administrative responsibility for reviewing and approving request for conditional use of alcoholic beverages is assigned as follows:

- a. Request from recognized student organizations, ASCMA, or Corps of Cadets to sell, distribute, or use alcoholic beverages on campus must receive prior approval from the Vice President of Cadet Leadership and Development.
 - i. Alcoholic beverages may not be financed from ASCMA funds.
 - ii. All requests must describe how alcohol use is related to the education or professional purpose of the specific event.
 - b. Request from faculty, staff, auxiliary groups, or off-campus individuals/organizations must receive prior approval from the appropriate President's Cabinet member for the sale, use or distribution of alcoholic beverages on campus.
 - i. Alcoholic beverages may not be financed from state side funding.
3. All requests for the use of alcoholic beverages must be submitted to the Chief of Police at least fourteen (14) days in advance of the planned activity. The completed form will then be returned to the appropriate administrator of the event for onsite verification.

Sale and Disbursement of Alcohol

Cal Maritime may assign responsibility to one or more entities to manage the sale and disbursement of alcohol at approved events. The entity(ies) assigned this responsibility will be required to enforce all state and federal regulations regarding selling and disbursing of alcohol, including but not limited to acquiring all licenses to serve and sell alcohol.

On-Campus Sale of Alcoholic Beverages

The sale of alcoholic beverages is strictly prohibited by students, faculty, staff, and off campus individuals or organizations except under the following conditions and with prior written permission by a President's Cabinet member.

The Cal Maritime approved entity(ies) must obtain a special event permit issued by the Alcoholic Beverages Control Department of the State of California. "Selling" alcoholic beverages in California includes an exchange for money, tickets, tokens, donations, or anything else of value.

The Cal Maritime approved entity(ies) are the only approved organizations to pour alcoholic beverages during events held on Cal Maritime property.

Related University Housing Policies

Cal Maritime is an alcohol-free campus. Residence life does not allow the use or possession of alcohol in the residence halls.

Excerpt from [Residence Life Policies](#):

- 1.1 The sale, purchase, possession and transportation, storage and consumption of alcoholic beverages in residence halls are prohibited. Additionally, members of the Corps of Cadets may be charged in accordance with regulations.
- 1.2 The possession of alcohol beverage containers including but not limited to: full or empty bottles, cans, shot glasses, decorative bottles, wine glasses, wine boxes, etc is prohibited. No “collections” of alcohol beverage containers are permitted.
- 1.3 Possession, usage, sale, distribution, brewing or being in the presence of alcohol anywhere within or on grounds immediately adjacent to the on-campus housing facilities is prohibited.
- 1.4 Possessing or using a common source of mass consumption of alcohol (e.g. keg, party ball, trash can, etc.) or participating in an event where a common source is present is prohibited.
- 1.5 Paraphernalia – Possessing, collecting, or otherwise displaying any containers, marketing materials, advertisements, or items bearing the name, logo or likeness to any alcoholic beverage is prohibited.
- 1.6 Violation of other University policies while under the influence of alcohol is a violation.
- 1.7 Inability to exercise care for one’s own safety and/or the safety of others (including drawing attention to oneself) due to intoxication is a violation.
- 1.8 Organizing or participating in activities where alcohol is present or being consumed is prohibited. Participation is defined as being present at the event regardless of consumption.

NOTE -- Identified items under this policy are subject to confiscation, disposal and/or destruction.

Athletics Policy

Cadet-athletes must always remember that they are representing Cal Maritime as well as themselves. The conduct and actions of each cadet-athlete individually and each team should reflect the mission of the university and its athletic program. Remember that the university is paying travel expenses as an ambassador of the institution to aid in general recruiting and as part of its outreach, public relations and alumni programs.

As cadet-athletes, cadets must be aware that they are being watched by the general public and different constituencies of the institution at times other than competition. Cadet-athletes should also understand that the university, the athletics department, and each team coach are responsible for their well-being, safety, and conduct during official travel. To successfully do this, each coach must follow institutional and NAIA guidelines and rules that pertain to official travel. Student-athletes are responsible for helping in this process by observing the following travel policies:

- **Cadet-athletes should be appropriately dressed and groomed at all times, conforming to individual team standards.**
- **All meals are to be eaten with the team.**
- **University alcohol and drug policies remain in effect while representing Cal Maritime.**
- **Long distance telephone calls cannot be charged to rooms and paid for by the University.**
- **Student-athletes' friends or relatives may not accompany a team at the university's expense/enter student-athlete's hotel rooms.**
- **Always leave hotel rooms and visiting dressing rooms in good condition.**
- **Always be courteous to all those around you.**
- **Students 21 or older are NOT allowed to purchase or consume alcohol while traveling on university-sponsored travel/competition.**

Although the Director of Athletics maintains primary authority for disciplinary matters, coaches may impose the following sanctions individually or in combination on student-athletes found in violation of the alcohol and substance use and/or abuse policies based on the nature of the offense, the severity of the violation, the behavioral history of the offender, and the number of violations during the course of a student-athletes time in the department and at the institution.

Athletics Alcohol and Substance Use and Abuse

Appendix V: Copy of the Cal Maritime Student-Athlete Code of Conduct/Photo Consent

CSU Maritime prohibits the possession, distribution and use of alcohol or illegal drugs. At no time is the use or possession of alcohol or drugs allowed at CSU Maritime Academy regardless of the legal drinking age. This includes dormitories, parking lots, and athletic facilities. This ban is in effect while traveling with a college group and/or team. These policies are in effect year-round.

Although the Director of Athletics maintains primary authority for disciplinary matters, coaches may impose the following sanctions individually or in combination on student-athletes found in violation of the alcohol and substance use and/or abuse policies based on the nature of the offense, the severity of the violation, the behavioral history of the offender, and the number of violations during the course of a student-athletes time in the department and at the institution.

Below is a list of possible sanctions, but these sanctions are not limited to the following and may be in addition to those issued by the Director of Athletics:

- Dismissal from team
- Suspension from team
- Suspension from games and/or practices
- Service hours within the department, institution and/or local community
- Parental notification
- Drug Screenings
- Educational hours
- Participation in Counseling sessions

Athletics Policy on Tobacco

The use of tobacco or tobacco products is not permitted by participants, coaches, cheerleaders, athletic trainers, game administrators, or officials in the playing areas during any sanctioned competition and practices for such competitions. Cal Maritime coaching staff and administrative staff shall enforce this policy. The Cal Maritime campus is a tobacco free zone!

Amnesty/Responsible Action Protocol Policies

(Refer to Appendix VI: Amnesty Policy)

Cal Maritime amnesty policy is designed to encourage cadets to call for medical assistance when faced with any situation that involves the use (or abuse) of drugs or alcohol. To encourage reporting in these types of situations, the University will not subject the reporting party, who is a cadet or a cadet-employee, to disciplinary action due to violation of the University's policies. University's primary concern is the safety of the campus community.

This protocol removes punitive sanctions for first-time infractions involving alcohol and/or other drugs and substances for both the person making the call for help, as well as the person experiencing the medical emergency. When an incident occurs, the Conduct Office will review the incident to confirm it falls within the parameters of the Amnesty Protocol. The individual who seeks medical assistance on behalf of another must remain with the individual experiencing alcohol- or drug-related overdose until help arrives. University reserves the right to require individuals who are granted amnesty under this policy to participate in assessments, training, counseling, or related educational programs.

The purpose of this policy is to hold harmless* those cadets seeking immediate medical assistance on behalf of persons experiencing drug- or alcohol-related emergencies or when an alleged victim and/or witness is reporting any incidents of Sexual Misconduct, Dating or Domestic Violence, or Stalking, out of concern that they might be disciplined for related violations of drug, alcohol, or other University policies. In addition, we uphold the California Good Samaritan Code Section 25667, which applies amnesty to people under the age of 21 under certain conditions.

**US Coast Guard regulations shall continue to apply*

Amnesty Policy FAQs

Q. If a cadet calls on behalf of the group or organization and multiple members stay with the “victim” until help arrives, do they all qualify for “amnesty?”

A. Yes

Q: What happens if it is not your first offense?

A. Individuals receiving repeated amnesty may be required to participate in assessments, training, counseling, or related educational programs.

Q. If an incident happens off campus does this policy apply? How does the Good Samaritan law fit in?

A. Yes. On or off campus, California's Good Samaritan laws apply.

Q. Do you have to say anything to invoke the amnesty policy?

A. No.

Q. When am I allowed to leave?

A. You may leave when permitted by the responding authority.

Q. What does it mean to seek medical assistance in good faith?

A. It means the amnesty policy will not apply in the case of an obviously false or disingenuous call for help. If, however, you are genuinely worried that a peer may be at risk for death or injury due to alcohol or drug use, please seek help. If it turns out they don't need medical

attention, but you had good reason for concern (that is, you acted in good faith), the amnesty policy applies.

Q. Would this policy support me if another person drugged me?

A. Yes.

Q. What happens when an underage person is drinking off campus and then comes onto campus? Are they still covered?

A. It does not matter where the cadet initially consumed the substances.

Q: Does this first-time infraction portion also apply to RHOs if they need to call for help for multiple residents?

A. No, if the RHO didn't violate a campus or university housing policy during the incident, they have nothing to worry about. Calling for medical assistance when a cadet is in danger from alcohol or drug use is an important part of the RHO's job. RHOs, by protocol, are required to document any alcohol or substances in the room—even when they make a medical call.

Q. Does the Amnesty Policy protect me from any consequences for having an alcohol bottle out when the RHO comes?

Yes. Focus on the cadet in need while you wait for assistance.

Q. If I call the RHO before I call the police, am I still covered by the Amnesty Policy? Or do I need to call the police and then my RHO?

A. Yes, you are protected as long as you call a campus authority, the police, or 911.

Q. Does this policy only apply if both parties are under 21?

A. Age is not a factor.

Q. How does the Amnesty Policy apply in private space (resident room) versus a public space (outside the building or in common building areas)?

A. The policy applies equally in Cal Maritime public or private spaces.

Alcohol Violations

Violations will be addressed through appropriate disciplinary channels. Notice shall be posted at or near the principal entrances of each campus or property calling attention to the existence of the rules.

Violations of Cal Maritime Policy on Use of Alcoholic Beverages unrelated to watch or the Annual Training Cruises may be charged as a Violation of the Alcohol Policy while in a non-duty or work status. The Conduct Review Board may hear a first offense. All others, or warranted first time violations, may be heard by the DRH or Captain's Mast. (20 to 50 Demerits to suspension/dismissal)

NOTE: The 1998 Higher Education Amendments added a new exception to FERPA and California Information Practices Act, allowing higher education institutions to disclose to the parents of a student under the age of 21 regarding a violation by their child of laws or University policy relating to alcohol or drug use or possession; use, possession, manufacture, or distribution of alcoholic beverages (except as expressly permitted by law and University regulations), or public intoxication while on campus or at a university-related activity. Violations of the California Maritime Policy on the Use of Alcoholic Beverages may be charged as a violation of the Alcohol Policy while in a non-duty or non-work status or a duty or work status.

Violation of the Alcohol Policy while in a duty or work status (50 Demerits to suspension/dismissal)

Violation of the Alcohol Policy while in a non-duty or non-work status.

The Conduct Review Board may hear a first offense. All other or warranted offenses will be heard by the DRH or Captain's Mast.

1. First Offense – 30-50 Demerits & Completion of On-Line Alcohol Course
2. Second Offense – 40-70 Demerits to Suspension & Counseling (Will be referred to DRH)
3. Third Offense or More – 1 year suspension/dismissal & Counseling. (Will be referred to DRH)

Violations of the Alcohol Policy include:

1. The sale, purchase, possession and transportation, storage, and consumption of alcoholic beverages in residence halls are prohibited. (30–50 Demerits to suspension/dismissal).
2. The possession of alcohol beverage containers including empty bottles or cans is prohibited. (30-50 Demerits)
3. Possession, usage, sale, distribution, brewing or being in the presence of alcohol anywhere within or on grounds immediately adjacent to the on-campus housing facilities is prohibited. (30-50 Demerits to suspension/dismissal).
4. Possessing or using a common source of alcohol (e.g., keg, party ball, trash can, etc.) or participating in an event where a common source is present is prohibited. (30-50 demerits to suspension/dismissal).
5. Paraphernalia - Possessing, collecting, or otherwise displaying any containers, marketing materials, advertisements, or items bearing the name, logo or likeness to any alcoholic beverage is prohibited. (30-50 demerits).
6. Violation of other university policies while under the influence of alcohol is a violation. (30-50 demerits to suspension/dismissal).
7. Inability to exercise care for one's own safety and/or the safety of others (Including drawing attention to oneself) due to intoxication is a violation. If a student is transported to the hospital, they have lost the ability to exercise care for one's own safety (50 demerits to suspension/dismissal).
8. Organizing or participating in activities where alcohol is present or being consumed is prohibited. Participation is defined as being present at the event regardless of consumption. (30-50 demerits to suspension/dismissal).

Employee Assistance Program (EAP) Referral Policy

The primary focus of Cal Maritime's substance abuse prevention programs is education and counseling. As part of this program, the University will provide educational workshops for faculty, staff, and students, to address the medical, health, psychological, social and legal ramifications of illicit drug and alcohol use. Cal Maritime's Employee Assistance Program (offered through Empathia Pacific Inc. at www.mylifematters.com) will continue to provide information, evaluation, and counseling and referral service to employees of Cal Maritime seeking help with personal, emotional, substance abuse or chemical dependency.

Cal Maritime recognizes drug and alcohol dependency as treatable conditions and offers employee support programs for individuals with substance dependency problems. Employees are encouraged, but not required, to seek assistance with drug and alcohol-related problems. Employees can contact Empathia Pacific at (800) 367-7474, or www.mylifematters.com. The LifeMatters website

offers free Alcohol and Drug Screening, Drug Abuse Screening and a General Risk Health Assessment, and related articles and resources.

LifeMatters provides up to three counseling sessions with a local counselor for employees and/or their family members to assist with problems related to substance abuse or chemical dependency. Services provided directly by LifeMatters are free. Employees referred to outside resources will be advised about associated costs. Employees' use of LifeMatters or a counselor is confidential unless the employee's safety or the safety of other individuals is at risk.

Financial Aid Drug Convictions Policy

Drug convictions no longer affect federal student aid eligibility. Eligibility won't be suspended even if the offense occurred while receiving federal student aid (grants, loans, or work-study funds).

If a cadet has been convicted of a forcible or nonforcible sexual offense, and they will be subject to an involuntary civil commitment upon completion of a period of incarceration for that offense, then they are not eligible to receive Federal Pell Grants.

However, the law soon will change for cadets who are serving involuntary civil commitments. Starting July 1, 2023, if subject to an involuntary civil commitment for a sexual offense, a cadet may still qualify for a Federal Pell Grant.

Sexual Assault and other violence related policies that related to alcohol/other drug use.

CSU Executive Order 1097 - Governs the procedures that California State University Maritime Academy follows when Students make a complaint regarding Discrimination, Harassment and Retaliation, Sexual Misconduct, Dating and Domestic Violence, and Stalking. CSU Executive Order 1097 informs Students of their rights and responsibilities when they make a complaint and describes the process.

See the complete policy here: <https://calstate.policystat.com/policy/8453516/latest/>

CSU Executive Order 1096 - Governs the procedures that California State University Maritime Academy follows when Student Employees make a complaint regarding Discrimination, Harassment, Retaliation, Sexual Misconduct, Dating and Domestic Violence, and Stalking when that complaint arose out of their status as an employee and/or their work environment, while they are acting as an employee.

See the complete policy here: <https://calstate.policystat.com/policy/8453514/latest/>

General Administration and Oversight of each policy, particularly if not noted within the text of the policy.

The Office of the Commandant oversees the mandatory drug testing policy. All cadets must participate in the mandatory Drug Testing Program that includes a Drug and Alcohol Testing Program for reasonable cause/suspicion, post-accident, return-to-duty, and follow-up and random testing. This program is consistent with the U.S. Department of Transportation (DOT) drug testing regulations. Specific procedures are available from the Office of the Commandant. Campus Police may be called

to enforce any alcohol or drug violations. The Captain and the Commandants oversee policies when the ship is out to sea.

Housing staff enforce the Code of Conduct outlined in the student handbook, which includes upholding drug and alcohol policies. 22 Residence Hall Officers (RHOs) make rounds to check for the safety and security around the Residence Halls. Residence Life actively provides funding for the Peer Health Educators to program in the Residence Halls on behalf of Residence Life. Cadets are referred to Counseling and Psychological Services (CAPS) and the Alcohol and Other Drugs Support group held Fridays in the Student Health Center.

The Athletics Department provides student-athletes with further alcohol and drug use prevention and education, including briefings before travel and a behavioral contract for drug and alcohol use.

Description of who oversees monitoring of discipline/sanctioning/adjudication of policy

Siobhan Case (Interim Assistant Dean of Students, Student Conduct Administrator and Director of Community Standards) oversees the monitoring of discipline, sanctioning, and adjudication of policy. Captain's Mast will hear all violations of Class I and Class III on board the Training Ship, which are not heard by the Conduct Review Board. All violations will be evaluated by the Cruise Commandant onboard the TS GOLDEN BEAR to determine the appropriate Hearing Board on the Training Ship.

Methods used for general enforcement

Cal Maritime will impose appropriate disciplinary sanctions against any individual, group, or entity for violating this policy. Sanctions may range from a warning to dismissal from Cal Maritime or loss of organizational or employment status, depending on the nature of the violation and circumstances. It may also include referral to law enforcement agencies for prosecution.

Persons who unlawfully furnish alcoholic beverages to others who are not of legal drinking age may be liable for personal injuries or property damages resulting from misconduct committed by the underage person.

For health and safety reasons, it is in the best interests of an intoxicated student in an impaired condition to be brought immediately to the attention of campus staff or medical personnel. Consequently, no student will be subject to suspension for intoxication on campus if, at the time of disclosure to Cal Maritime staff, the student was seeking medical care or was referred for such care by friends, Corps Officers, or Cal Maritime Resident Staff. This includes those assisting the intoxicated individual. Students who assist a friend, peer, or shipmate will be treated with leniency and receive reduced sanctions for their assistance in these situations.

Residence Hall Officers, Resident Life Director and Coordinators, Corp Officers are responsible for the enforcement of the policies. Campus Police can be called for assistance and may request mutual aid from the Vallejo Police Department.

Cadets going on International Experience (IE) are required to sign an IE Conduct Waiver. **(IE Conduct Waiver is referenced in Appendix VII)**. The waiver is distributed prior to departure in MPM 190 (Spring Semester, 1 unit IE preparation course) and is required for participation.

The Captain or Commandants at Annual Cruise and Faculty on International Experience trips may provide monitoring of alcohol and other drug policies.

AOD COMPREHENSIVE PROGRAM /INTERVENTION INVENTORY & RELATED PROCESS AND OUTCOMES/DATA

Individual Based Programs and/or Interventions:

- Counseling and Psychological Services (CAPS) have implemented Brief Alcohol Screening and Intervention Screening (BASICS), a harm reduction intervention that uses motivational interviewing to help students make better decisions about their alcohol use.
- For individual interventions for staff and faculty, Cal Maritime offers Employee Assistance Program through Lifematters by Empathica. Telephone and face-to-face counseling are available for alcohol, drug dependency, or tobacco cessation.
- First time offenders can utilize the Student Health Center and CAPS or be referred to outside programs. They must provide documentation for appointments made and recommendations completed by a counselor. Students are also required to take an online survey called eCHECKUP TO GO. eCHECKUP TO GO is an interactive web program that allows college and university students to enter information about their substance use patterns and receive immediate, personalized feedback about their use of alcohol, cannabis, or nicotine. It takes about 20-30 minutes to complete, is self-guided, and requires no face-to-face contact time with a counselor.
- Clinicians at the Student Health Center screen students for mental health and substance use at every visit.
- ECHECKUP TO Go was introduced to campus in Fall 2022 and has had 42 screenings in its first year. The resource is listed under the Counseling and Psychological Services (CAPS) website, under “self-assessments”.
 - 3 reported alcohol misuse/abuse, 1 reported cannabis misuse/abuse, 0 reported opioid misuse/abuse

Group Based Programs and/or Interventions:

- Alcohol and other Drug Task Force (ATOD) was restarted and chaired by Dr. Ian Wallace, Director of Counseling and Psychological Services (CAPS). The ATOD committee helped draft a new Alcohol Policy. ATOD will continue to work with the President’s Cabinet and the final Alcohol Policy will be included in the next biennial review. ATOD Committee members have also contributed to update the DFSCA Biennial Review 21-23 and recommendations for the next biennium.
- In the beginning of the academic school year, all incoming students (freshman and transfers) are required to take online education courses (through Vector Solutions) on Alcohol and Other Drugs, Sexual Violence Prevention, and Verbal Defense. Returning students are assigned refresher courses. Training is assigned in June, and cadets must complete before school starts.
- Peer Health Educators provide outreach events throughout the year to raise alcohol and other drugs awareness. They collaborate with Residence Life, Corp of Cadets, Associated Students, Title IX, and other campus partners with programming. Examples include Orientation presentations, RHO educational programming, Mental Health Awareness Week, Red Ribbon Week, Chill Lounge, and Sex in the Dark.
 - The Peer Health Educators partner with Residence Life once a semester to host a Sex in the Dark Program. The program is a Q/A forum about sex and relationships with a panel of invited experts from Solano County Department of Health – Communicable Disease,

Community Health Centers, and other health partners. Some of the main topics include sexual health, sexual assault prevention, consent, and alcohol safety.

- RHOs receive Alcohol and Bystander Training, which occurs in two ways in Fall. First, through Crisis Response Training and second, through specific Bystander Intervention Training. In the spring, the RHOs are exposed to another session of Crisis Response Training.
- In partnership with Touro University and Student Health Services, Master of Public Health interns complete their field study at Cal Maritime for 30-40 hours per week for 6 weeks. The Spring '22 intern completed projects that included designing programming for Sexual Assault Awareness month in April. Programs included: Introduction of the Confidential Advocate, Let's Taco'bout Consent, Take Back the Night, Paint and Plant, Denim Day, Alcohol Harm Reduction Presentation, and Coping Skills.
- In Summer 2021, Orientation Leaders went through a 4-hour seminar on bystander intervention, digital abuse and cyberbullying, alcohol and other drugs, conduct, and sexual assault. The presentation was given in 3 groups of 30 cadet leaders. The Student Health Center gave a zoom presentation to parents about how to talk to their incoming cadets about alcohol. During Orientation Week, rotating 30-minute presentations around alcohol, conduct, and bystander intervention were given to incoming cadets.
- Counseling and Psychological Services (CAPS) purchased several mental health applications through the Chancellor's Office Mental Health Partnership Grant. You@College (<http://you.csum.edu>) is a wellbeing portal that offers tips and tools around mental and physical health. It offers self-check quizzes and allows cadets to make personal goals around their wellbeing.
- CAPS offered an AOD Harm Reduction Group weekly since Feb 2023. The program was newly implemented, and robust data is expected in the next biennial report as the program grows.
- First Year Experience Series was offered to incoming cadets, transfers, and returning for the first time on campus cadets. The program is comprised of seminars spaced throughout the semester.
- Lori Makin-Byrd, Acting Director of the Title IX Processes, held "Title IX Responsible Employee Trainings" Fall 2022. The training included how to respond to disclosure of an incident, how to report an incident, and what happens after a student-based report.
- A series of Title IX/Discrimination trainings were required by all cadets Spring 2023 in efforts to improve campus climate. The training courses are called: Discrimination and SASH: Prevention, Intervention and Response. The goal was to create an inclusive, diverse, and safe environment to ensure the success of all cadets.
- Associated Students of Cal Maritime Academy (ASCMA) offers cadets the chance to join clubs, activities, or events. Some of these activities include Laser Tag, Paintball, Trips to San Francisco, and Pottery Night. Cadets can also check out bikes, camping gear, and other recreational items. ASCMA partners with Peer Health Educators (PHEs) and Residence Hall Officers (RHOs) for health and wellness-related programming.
- The Office of Community Engagement collaborates with community and university partners to facilitate opportunities for cadets to develop as leaders and inspire them to make a positive impact

through involvement in the world around them. Through participation in Community Engaged Learning programs, projects, and activities, cadets can:

- Develop a greater understanding of the local community, its needs, and strengths.
 - Increase their interest in and ability to engage respectfully with diverse cultures and global societies.
 - Develop their capacity for empathy, learning to relate to and appreciate people with lived experiences different from their own.
 - Deepen their thinking about complex and interconnected social issues affecting the world today.
 - Practice professional and life skills and gain professional experiences needed to work in a variety of settings.
 - Experience the benefits of forming reciprocal relationships in one's community, including joy, fulfillment, well-being, and belonging.
-
- Cal Maritime Corporation, through its third-party food service provider, Sodexo, trains their servers with a program called ServSafe Alcohol. Identification is required to verify alcohol is served to anyone over 21. During campus or community celebratory events, drink limits are imposed, and the campus Police Department helps to monitor events. The Cal Maritime Corporation through its contracted third-party food provider, Sodexo, offers alcohol-free options at each social event. Student Activities also offer alcohol-free activities and events for cadets.
 - Residence Hall Officers (RHOs) and Residence Life staff also enforce the Code of Conduct standards as outlined in the student handbook, which includes upholding drug and alcohol policies. RHOs conduct weekly room walkthroughs for freshman cadets and monthly walkthroughs for upperclassman. This walkthrough includes health and safety checks and identifying any alcohol and alcohol paraphernalia. RHOs provide alcohol education and prevention programs each semester.
 - Cal Maritime has a Police Department that provides 24 hours a day, year-round protection for the campus community. They are a fully vested police department recognized by the California Police Officers Standards of Training and employ 8 sworn officers with full arrest powers. The police department is responsible for addressing DUIs (Driving under the Influence) on campus.

AOD COMPREHENSIVE PROGRAM GOALS AND OBJECTIVES FOR BIENNIUM PERIOD BEING REVIEWED

AOD SWOT Analysis

Strengths

- The Cadet Handbook is reviewed and updated annually. It is given to every incoming and transfer cadet.
- Policies are overseen by Cadet Leadership and Development, Commandant's Office, and Judicial Affairs.
- Solid process for violations which are classified in the Code of Conduct.
- Strong Administration Policy.
- Drug Testing policy leads to lower use than other institutions (e.g., past 30-day marijuana use)
- Housing health and safety checks once a semester
 - Checklists include looking for AOD as well as other safety concerns.
- RHO 1:1 meeting with residents.
- ATOD Committee reconstituted.
- Small campus size, structure of divisions for communication, education, and training
 - Corps, Athletics, FYE, other structures
 - Peer accountability based on small campus and familiarity.
- PHE and CAPS programming
- BASICS program run by CAPS for alcohol violations.
- Commandant's Office
 - Expanded office toward inclusion of leadership, mentoring, etc
- Echeckup to Go is a new interactive web program that allows college and university students to enter information about their substance use patterns and receive immediate, personalized feedback about their use of alcohol, cannabis, or nicotine.

Weaknesses

- No annual notification distribution plan for Faculty and Staff
- Limited weekend activities for cadets who are on campus.
- TSGB ports with AOD access
- Clarity regarding amnesty policy can lead to indecision and at times lack of support from peers.
 - E.g., In crisis situations versus informal contact involving AOD.
- Negative stigma of the Corps and limitations to access for support and resources.

Opportunities

- Cal Maritime is part of the Alcohol, Tobacco, and Other Drugs (ATOD) Collaborative for Solano County. The mission of the Solano County Alcohol, Tobacco, and Other Drug (ATOD) Prevention Collaborative is to reduce the ATOD use among youth in Solano County. They meet regularly to share up to date ATOD resources and community events. Cal Maritime is also a member of the Tobacco Free Solano County Coalition (TEC) which also offers up-to-date news on tobacco policies and resources.
- Identifying use and referral for services based on drug testing and monitoring/familiarity.
- TSGB captive audience for programming, healthy living, education about ports (related to AOD)
- Benefit for PHEs to create more consistent workshops which can be hosted in the residence halls.
- Constructive activities as alternatives to AOD use and stress reduction.
- Readiness training and preparation for the TSGB cruise.

Threats

- Drug testing policy makes medicinal use of certain drugs not available.
- TSGB ports with AOD access
 - Related to lack of outlets and buildup of stress.
- 75 demerits as threshold for suspension
 - Difference between uniform and regulations violations versus other conduct violations
- Community access to alcohol at Sinclair's Gas Station and M&M Liquors. They are two liquor stores that are located a couple blocks from campus.
- International Experience and AOD use.
 - It is challenging to recruit faculty based on threats of AOD use on International Experience (IE).
 - Choice of trips influenced by AOD considerations.
 - Disconnect with faculty about student AOD use and experiences, siloed information and impact on academic performance.

Conclusion

- General summary of findings
 - a. The State of California reduced funding for alcohol prevention programs such as Rockers against Drunk Driving (RADD) and Students Against Destructive Decisions (SADD). It is recommended to investigate other public partnerships such as California Highway Patrols' Public Awareness Programs or Touro University's Drug Safe Solano Program.
 - b. The ATOD Committee was re-established after a 3-year pause, chaired by Dr. Ian Wallace. Goals for the group include:
 1. Updating the Campus Alcohol Policy
 2. Members supported and contributed to the 21-23 DFSCA Biennial Report
- General strengths and weakness of institution
 - a. Weaknesses
 1. Campus' limited weekend activities for cadets who are on campus
 2. No DFSCA Annual Notification distribution plan
 - b. Strengths
 1. Drug testing policy is consistent with the U.S. Department of Transportation (DOT) Drug Testing regulations and overseen by the Office of the Commandant. This leads to lower use compared to other institutions.
- Summary of recommendations, goals and objectives
 - a. Recommended ATOD Committee members to attend Solano County Department of Health's ATOD Collaborative and Tobacco Education Coalition. It would allow Cal Maritime to create community partnerships for any future ATOD environmental interventions, keep up to date with new local and federal policies, and learn about community resources.

Recommendations for the next Biennium (2021-23)

- Increase the rigor of our campus' DFSCA compliance program, including Drug and Alcohol prevention programs and policies.
- Continue the ATOD (Alcohol, Tobacco, and Other Drugs) Committee to help oversee policy, programs, and overall campus climate.
- Invite campus leaders to attend the annual NASPA Strategies conference. It is an opportunity to learn about the best ATOD practices from other campuses. From the website, "The NASPA Strategies Conferences provide student affairs practitioners with the knowledge and skills to effectively address collegiate alcohol and drug abuse prevention, mental health, sexual violence prevention and response, and well-being through a variety of comprehensive and integrative approaches."
- Review College Aim (Alcohol Intervention Matrix at Collegedrinkingprevention.gov). The program was developed by the National Institute of Alcohol Abuse and Alcoholism to help college professionals choose alcohol and other drug interventions. The website contains interactive individual and environmental strategy worksheets. It is recommended that the ATOD Committee use this tool to evaluate its current programs' effectiveness and consider programs that are highly or moderately effective.
- Continue ongoing partnerships with outside partners such as: Solano County Department of Health, ATOD Collaborative and Tobacco Education Coalition.
- Investigate other public partnerships such as California Highway Patrols' Public Awareness Programs or Touro University's Drug Safe Solano Program.
- Host a dedicated drug and alcohol prevention program (DAAPP) campus website that is accessible to the public.

APPENDIX

I: 2023-24 DFSCA Annual Notification

<https://www.csum.edu/cadet-leadership-and-development/media/2023-24-dfsca-biannual-notification.pdf>

II: JED Fundamentals Executive Summary

<https://www.csum.edu/cadet-leadership-and-development/media/2022-csum-jed-executive.pdf>

III: Campus Alcohol Policy

www.csum.edu › [op-01-008-alcohol-policy-v8-2020-03-102](https://www.csum.edu/cadet-leadership-and-development/media/2020-03-102)

IV: Cadet Drug Testing Policy

<https://www.csum.edu/policies/media/sa-07-001-cadet-drug-testing-policy.pdf>

V: Cal Maritime Student Athlete Code of Conduct/Photo Consent

https://www.csum.edu/cadet-leadership-and-development/media/2023-24_athletics-code-of-conduct.pdf

VI: Amnesty Policy

<https://www.csum.edu/policies/media/sa-01-002-amnesty-policy.pdf>

VII: International Experience Conduct Form

https://www.csum.edu/cadet-leadership-and-development/media/ie_conduct_waiver_2018.pdf

VII: Schedules of Controlled Substances <https://www.ecfr.gov/current/title-21/chapter-II/part-1308> (last accessed Aug. 6, 2023)

VIII: Drug Health Risks

- Alcohol - <https://www.cdc.gov/alcohol/fact-sheets/alcohol-use.htm> last accessed Aug 6, 2023
- Marijuana - <https://www.cdc.gov/marijuana/health-effects/index.html> last accessed Aug 6, 2023
- MDMA - <https://nida.nih.gov/publications/drugfacts/mdma-ecstasymolly> last accessed Aug 6, 2023
- Prescription Opioids - <https://nida.nih.gov/publications/drugfacts/prescription-opioids> last accessed Aug 6, 2023
- Specific Dangers from Drug Facilitated Sexual Assault Drugs - https://www.dea.gov/sites/default/files/2018-07/DFSA_0.PDF
 - Rohypnol - <https://nida.nih.gov/research-topics/commonly-used-drugs-charts#rohypnol-reg> last accessed Aug 6, 2023
 - GHB - https://www.dea.gov/sites/default/files/2020-06/GHB-2020_0.pdf last accessed Aug 6, 2023
 - Ketamine - <https://nida.nih.gov/research-topics/commonly-used-drugs-charts#ketamine> last accessed Aug 6, 2023