

**Drug Free Schools and Communities Act Biennial Review
2019-2021**

California State University, Maritime Academy

Angeli Acosta, MPH, MCHES, Health Educator
Office of Cadet Affairs, Leadership, and Development
Completion Date: September 2021

TABLE OF CONTENTS

Introduction -----	Page 3
Background on Drug Free Schools and Communities Act (DFSCA) -----	3
Purpose -----	3
Time Frame -----	3
Methodology -----	3
DFSCA Committee -----	4
Annual Policy and Notification Process -----	5
 AOD Prevalence Rate, Incidence Rate, and Needs Assessment and Trend Data -----	Page 6
Number of drug and alcohol related incidents and fatalities that occur on campus -----	6
Number of drug and alcohol related incidents that are reported to campus officials -----	6
Inclusion of National College Health Assessment (NCHA-III) survey data relating to alcohol and other drug data -----	6
Inclusion of other surveys that have been used on your campus that ask alcohol and other drug related questions -----	9
Alcohol and other drug related ambulance transports/calls for service -----	14
 Drug Free Policy Statement -----	Page 15
Alcohol Policy -----	15
Drug Testing Policy -----	16
Tobacco/No Smoking Policy -----	16
Related University Housing Policies -----	17
Amnesty/Responsible Action Protocol Policies -----	18
Alcohol Violations -----	19
Employee Assistance Referral Policy -----	20
Financial Aid Drug Convictions Policy -----	20
Sexual Assault and other violence related policies related to alcohol/other drug use -----	21
General Administration and Oversight of each policy -----	21
Description of who oversees monitoring of discipline/sanctioning/adjudication of policy -----	22
Methods of general enforcement -----	22
 AOD Comprehensive Program/Intervention Inventory, Related Process/Outcomes/Data --	Page 23
Individual programs/interventions -----	23
Group Based programs/interventions -----	23
Environmental committees or programs -----	23
 AOD Comprehensive Program Goals and Objects for Biennium Period Being Reviewed -----	24
AOD SWOT Analysis -----	24
Recommendations for the next Biennium -----	26
 Appendix -----	Page 27

INTRODUCTION

Background on Drug Free Schools and Communities Act (DFSCA)

The Drug-Free Schools and Communities Act (DFSCA) of 1989, also known as the Drug-Free Schools and Campuses Act, requires institutions of higher education to establish policies that address unlawful possession, use, or distribution of alcohol and illicit drugs for faculty, staff, and students. Any institution receiving federal financial assistance are required to adopt and implement a program to prevent the use of illicit drugs and the abuse of alcohol.

It is the policy of Cal Maritime that the guidelines for the use of alcohol on campus be in compliance with CSU and Federal Government directives as follows. Cal Maritime prohibits the unlawful possession, use, sale, or distribution of alcohol and illegal drugs by students, faculty, and staff on its property, training vessels, or as part of any Cal Maritime sponsored activity.

Purpose

The last biennial review was conducted 2013-2015. The purpose of this biennial review is to evaluate the campus' current drug and alcohol climate, programs, resources, and policies.

Time Frame

The time frame for this biennial review is for 2019-2021. The review started in May 2021 and ended in Sept 2021.

Methodology

The Alcohol and other Drugs (ATOD) Committee normally conducts the campus DFSCA Biennial Review. The committee was led by Dr. Bruce Wilbur, Chief Medical Director who retired from the Student Health Center in Spring 2020 during the COVID-19 pandemic. Since then, the committee has been put on pause during the pandemic and until new leadership can be identified.

The core DFSCA Committee convened Summer 2021 and consists of support from Dean of Students, Judicial Affairs, Department of Safety and Risk Management, and Student Health Center. The committee met to review the DFSCA requirements and evaluate current campus information regarding alcohol and other drugs' programs and policies.

Copies of the 2019-2021 Biennial Review can be found at Office of Dean of Cadets, Lab Building. Requests for copies for past or current Biennial Reviews can be sent to Angeli Acosta, Health Educator, amacosta@csum.edu. Biennial Reviews are kept for 5 years.

DFSCA Review Committee

We would like to thank the review committee members for making this report possible:

Dr. Kathleen McMahon, Vice President of Cadet Affairs

Dr. Mac Griswold, Dean of Cadets

Dr. Grace Chou, Chief Medical Officer, Student Health Center

Roger Scranton, Student Conduct Administrator

Craig Dawson, Director of Facilities Operations, Environmental Health & Safety

ANNUAL POLICY AND NOTIFICATION PROCESS

Plan to Distribute Drug and Alcohol Policy to Campus Community

A copy of the DFSCA Annual Notification was distributed to Student Leaders during Orientation Leader training in Summer 2021. It was also given to all incoming and transfer students during Orientation Week Fall 2021. A copy of the DAAPP statement was included in the Clery report. A physical copy of the annual notification will be included in welcome packets for incoming students. The DFSCA report and annual notification will be posted in physical spaces in the Administration Building and Facilities so they will be accessible to all employees. A digital copy of the 2021 Annual Notification is included in Appendix III.

AOD PREVALENCE RATE, INCIDENCE RATE, AND NEEDS ASSESSMENT AND TREND DATA

Number of drug and alcohol related incidents and fatalities that occur on campus

No fatalities reported between 2019-21

Number of drug and alcohol related incidents that are reported to campus officials

Table 1: Number of drug and alcohol related incidents report

	2019	2020	2021	TOTAL
ALCOHOL PARAPHERNALIA	3	-	-	3
UNDERAGE POSSESSION	27	13	4	44
UNDERAGE INTOXICATION	7	2	1	10
DRUG POSSESSION				3
<i>DRUG POSSESSION – DEALING</i>	1	-	-	
<i>DRUG POSSESSION - MARIJUANA</i>	2	-	-	
FAILED DRUG TEST	4	5	-	9
POSSESSION	4	4	5	
INTOXICATION	5	1	-	6

Inclusion of National College Health Assessment (NCHA-III) survey data relating to alcohol and other drug data

The ACHA-National College Health Assessment is a nationally recognized research survey that assists campuses with collecting data about students' health habits, behaviors, and perceptions. Cal Maritime conducted an ACHA-NCHA III in March 2021 consisting of 155 respondents. The response rate was 19%. A full copy of the 2021 ACHA Survey is linked in the Appendix I.

Cis Men n =	105
Cis Women n =	42
Trans/GNC n =	7

Proportion of students (overall sample) who report misusing prescription medications (taking without a prescription, or taking more medication or more often than prescribed) in the past 3 months:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Prescription stimulants	0.0	2.4	0.0	0.6
Prescription sedatives or sleeping pills	0.0	2.4	0.0	0.6
Prescription opioids	1.0	0.0	0.0	0.6

***Tobacco or nicotine delivery products used in the last 3 months**

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Cigarettes	14.3	4.8	14.3	11.6
E-cigarettes or other vape products (for example: Juul, etc.)	15.2	14.3	14.3	14.8
Water pipe or hookah	1.9	0.0	0.0	1.3
Chewing or smokeless tobacco	4.8	4.8	0.0	4.5
Cigars or little cigars	9.5	2.4	0.0	7.1
Other	0.0	0.0	0.0	0.0

**These figures use all students in the sample as the denominator, rather than just those students who reported tobacco or nicotine delivery product use in the last 3 months.*

Students in Recovery

- 1.6 % of college students surveyed (2.4 % cis men, 0.0 % cis women, and 0.0 % transgender/gender non-conforming) indicated they were in recovery from alcohol or other drug use.

When, if ever, was the last time you:

Percent (%)	Drank Alcohol			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Never	21.9	14.3	28.6	20.6
Within the last 2 weeks	51.4	59.5	28.6	52.3
More than 2 weeks ago but within the last 30 days	8.6	4.8	28.6	8.4
More than 30 days ago but within the last 3 months	8.6	9.5	14.3	9.0
More than 3 months ago but within the last 12 months	4.8	7.1	0.0	5.2
More than 12 months ago	4.8	4.8	0.0	4.5

**Students were instructed to include medical and non-medical use of cannabis.*

Cis Men	Cis Women	*Used Cannabis/Marijuana	
		Trans/ Gender Non- conforming	Total
63.8	61.9	85.7	64.5
3.8	2.4	0.0	3.2
0.0	0.0	0.0	0.0
2.9	4.8	0.0	3.2
10.5	19.0	0.0	12.3
19.0	11.9	14.3	16.8

Driving under the influence

- 15.0 % of college students reported driving after having **any alcohol** in the last 30 days.*
**Only students who reported driving in the last 30 days and drinking alcohol in the last 30 days were asked this question.*
- 0.0 % of college students reported driving within 6 hours of using cannabis/marijuana in the last 30 days.*
**Only students who reported driving in the last 30 days and using cannabis in the last 30 days were asked this question.*

Students in Recovery

- 1.6 % of college students surveyed (2.4 % cis men, 0.0 % cis women, and 0.0 % transgender/gender non-conforming) indicated they were in recovery from alcohol or other drug use.

When, if ever, was the last time you:

Percent (%)	Drank Alcohol			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Never	21.9	14.3	28.6	20.6
Within the last 2 weeks	51.4	59.5	28.6	52.3
More than 2 weeks ago but within the last 30 days	8.6	4.8	28.6	8.4
More than 30 days ago but within the last 3 months	8.6	9.5	14.3	9.0
More than 3 months ago but within the last 12 months	4.8	7.1	0.0	5.2
More than 12 months ago	4.8	4.8	0.0	4.5

*Students were instructed to *include* medical and non-medical use of cannabis.

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
63.8	61.9	85.7	64.5
3.8	2.4	0.0	3.2
0.0	0.0	0.0	0.0
2.9	4.8	0.0	3.2
10.5	19.0	0.0	12.3
19.0	11.9	14.3	16.8

Driving under the influence

- 15.0 % of college students reported driving after having *any alcohol* in the last 30 days.*
**Only students who reported driving in the last 30 days and drinking alcohol in the last 30 days were asked this question.*
- 0.0 % of college students reported driving within 6 hours of using cannabis/marijuana in the last 30 days.*
**Only students who reported driving in the last 30 days and using cannabis in the last 30 days were asked this question.*

Estimated Blood Alcohol Concentration (or eBAC) of college students. Due to the improbability of a student surviving a drinking episode resulting in an extremely high eBAC, all students with an eBAC of 0.50 or higher are also omitted from these eBAC figures. eBAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. Only students who reported drinking alcohol within the last 3 months answered these questions.

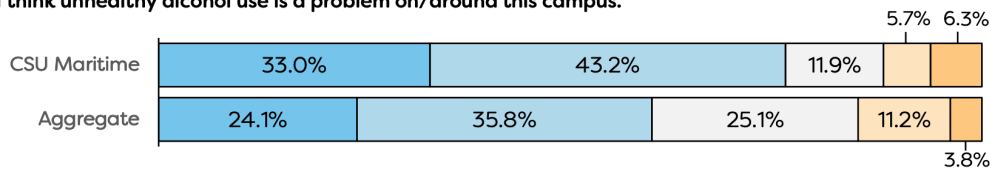
Estimated BAC	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
		< .08	90.1	86.7	80.0
< .10	91.5	90.0	80.0	90.6	
Mean		0.03	0.04	0.04	0.04
Median		0.02	0.02	0.03	0.02
Std Dev		0.05	0.05	0.05	0.05

Inclusion of other surveys that have been used on your campus that ask alcohol and other drug related questions.

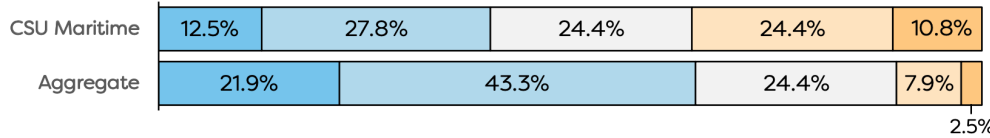
With Us Bystander Baseline Survey was conducted at Cal Maritime in 2019. Eight CSU and UC campuses participated in the baseline survey. The survey was anonymous, and invitations were sent to all Cal Maritime cadets. Questions covered bystander intervention for: sexual assault, sexual harassment, intimate partner violence, hate and bias instances, hazing, and alcohol and other drugs. A copy of the survey is included in Appendix II.

● Strongly Agree ○ Agree ○ Neutral ○ Disagree ● Strongly Disagree

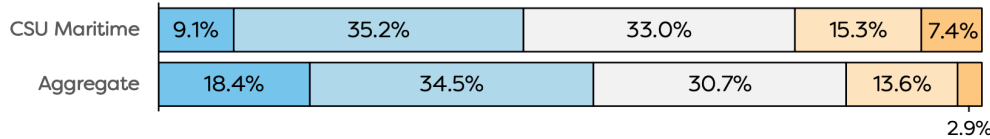
I think unhealthy alcohol use is a problem on/around this campus.



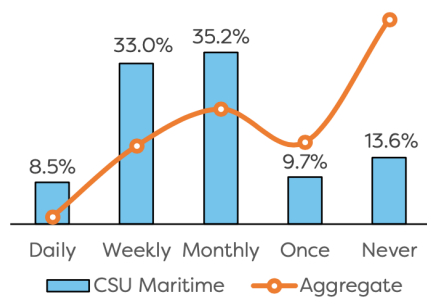
I believe this topic can be positively changed/improved on our campus.



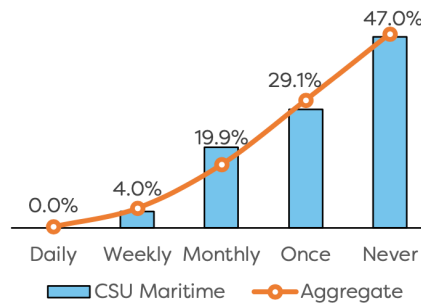
I would intervene when observing unhealthy alcohol abuse with other students.



During the Fall 2018 academic term, how often did you witness unhealthy alcohol abuse?

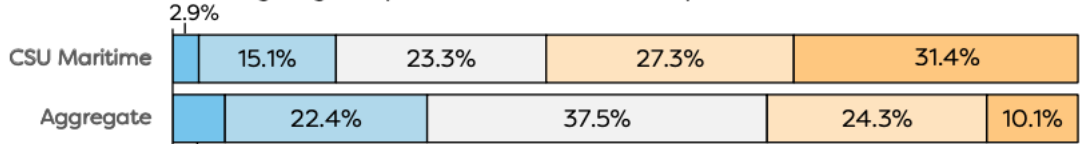


During the Fall 2018 academic term, I stepped in to prevent unhealthy alcohol abuse. †

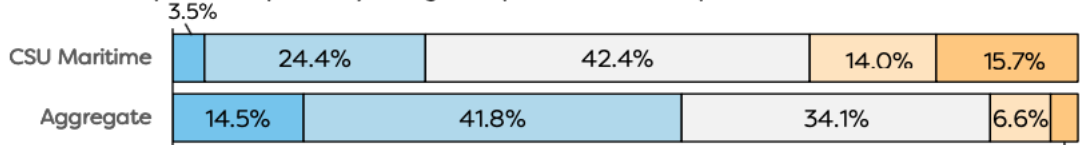


● Strongly Agree ● Agree ● Neutral ● Disagree ● Strongly Disagree

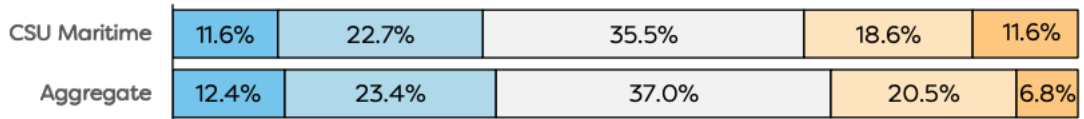
I think illicit or “hard” drug usage is a problem on/around this campus.



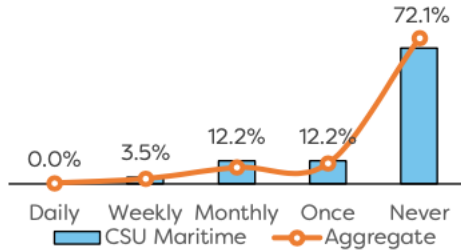
I believe this topic can be positively changed/improved on our campus.



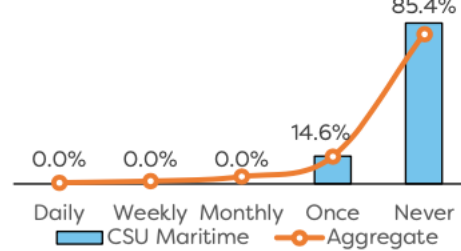
I would intervene when observing “hard” drug use with other students.



During the Fall 2018 academic term, how often did you witness illicit or “hard” drug use?



During the Fall 2018 academic term, I stepped in to prevent illicit or “hard” drug use.†



In situations where I did not intervene, it was because...†

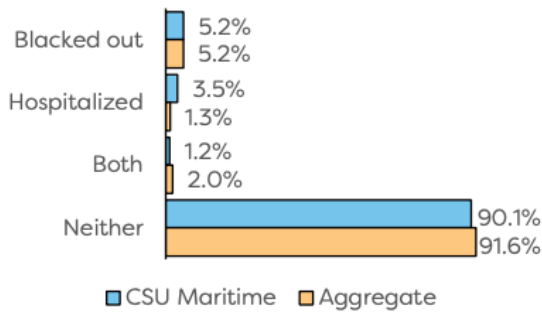
33%	Avg. 41%	I didn't know what to do.	10%	Avg. 11%	I was paralyzed, but I wanted to do something.
25%	23%	I was distracted at the time.	48%	34%	The person deserved/chose whatever was happening.
21%	20%	I assumed somebody else would do something.	25%	17%	I was concerned what my friends/peers would think of me.
67%	68%	It wasn't any of my business.	38%	24%	I thought I could get in trouble by being involved.
27%	36%	The situation made me feel unsafe.	42%	32%	I didn't think it was an issue or a big deal.
48%	37%	My relationship with them made it complicated.			

†Conditioned on situations reported as witnessed

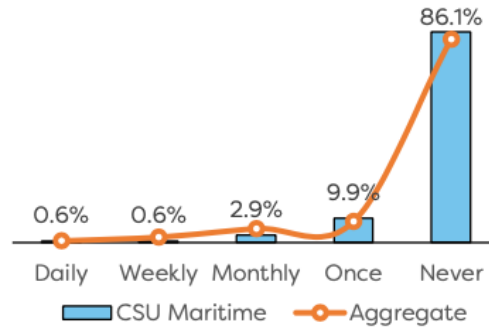
Within the past year, I have witnessed the following drugs being used by my peers.†

72%	Avg. 96%	Marijuana, pot, hashish	2%	Avg. 7%	Date rape drugs
0%	3%	Heroin	65%	47%	LSD/acid
20%	15%	Opiates	9%	5%	Dissociative anesthetics
57%	62%	Cocaine/crack	61%	47%	Hallucinogenic plants
7%	7%	Methamphetamines	15%	7%	Inhalants
46%	54%	Ecstasy, molly, MDMA	11%	5%	Other

During the Fall 2018 academic term, I witnessed another student experience, or have personally experienced, from "hard" drug usage...†

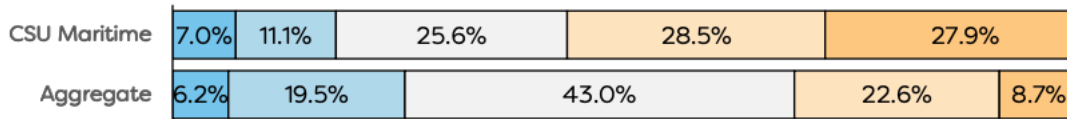


During the Fall 2018 academic term, I witnessed another student (or personally) drive "under the influence" of drugs.†

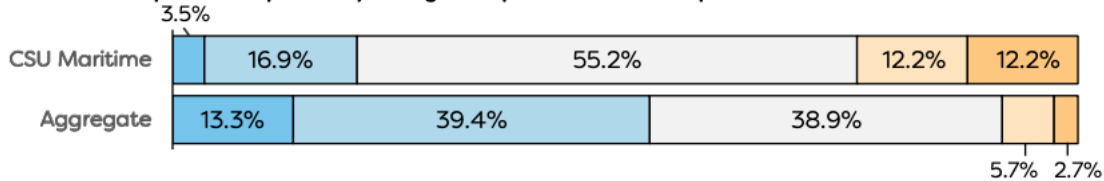


● Strongly Agree ● Agree ○ Neutral ○ Disagree ● Strongly Disagree

I think prescription drug abuse is a problem on/around this campus.

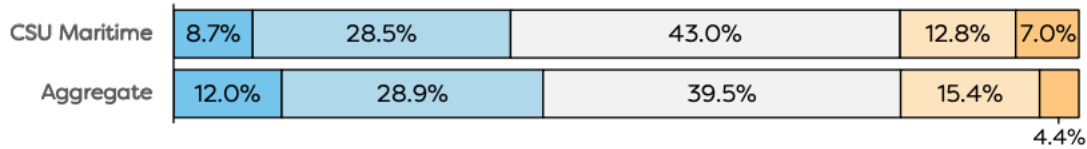


I believe this topic can be positively changed/improved on our campus.

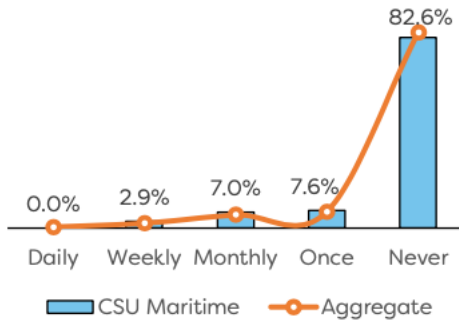


†Conditioned on situations reported as witnessed

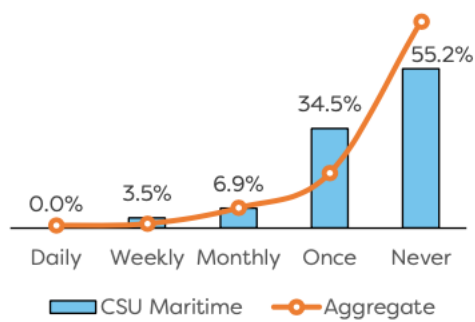
I would intervene when observing prescription drug abuse among other students.



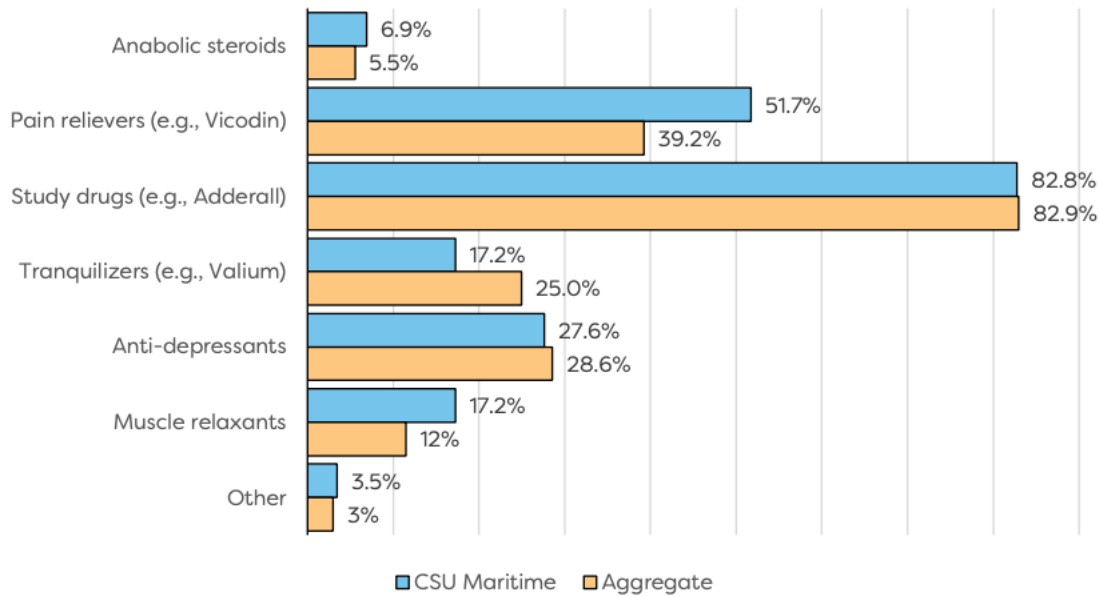
During the Fall 2018 academic term, how often did you witness prescription drug abuse?



During the Fall 2018 academic term, I stepped in to prevent prescription drug abuse.†



During the Fall 2018 academic term, I have witnessed the following prescription drugs being abused by other students...†



Alcohol and other drug related ambulance transports/calls for service

2 cadets transported to the hospital between 2019-2021.

Drug Free Campus Policy Statement

Cal Maritime prohibits the unlawful possession, use, sale, or distribution of alcohol and illegal drugs by cadets, faculty, and staff on its property, training vessels, or as part of any Cal Maritime sponsored activity.

In accordance with the Drug-Free Schools and Communities Act (DFSCA) of 1989, also known as the Drug-Free Schools and Campuses Act, it is the practice at Cal Maritime to remain compliant with CSU and Federal Government directives.

Alcohol Policy

It is the policy of Cal Maritime that the sale, disbursement, consumption, or possession of alcoholic beverages on campus during Cal Maritime sponsored events, as well as off-campus activities sponsored by Cal Maritime or any of its recognized clubs and organizations is strictly prohibited without prior written approval by the University's senior administration.

The possession and use of alcoholic beverages are strictly limited by State law to those persons 21 years of age or older; at no time may alcoholic beverages be served to persons under the legal drinking age at any event sponsored by Cal Maritime.

The possession or consumption of alcoholic beverages on board the Training Ship GOLDEN BEAR is prohibited at all times. Exceptions are limited to dockside receptions sponsored by the President as part of the official business of Cal Maritime and require prior authorization of the Cal Maritime President or Master of Training Ship GOLDEN BEAR.

Furthermore, no person shall perform or attempt to perform any scheduled duties within four hours of consuming any alcohol or be intoxicated at any time while on board the Training Ship.

And finally, the possession or use of alcoholic beverages by our Cadets in Cal Maritime's residence halls is forbidden.

Cal Maritime will impose disciplinary sanctions against any individual, group, or entity for violating this policy.

Sanctions may range from a warning to suspension/dismissal from the University or loss of organizational status, depending on the nature of the violation and circumstances, and may also include referral to law enforcement agencies for prosecution.

Persons who unlawfully furnish alcoholic beverages to others who are not of legal drinking age may be liable for personal injuries or property damages resulting from misconduct committed by the underage persons.

For health and safety reasons, it is in the best interests of an intoxicated student in an impaired condition to be brought immediately to the attention of campus staff or medical personnel.

Drug Testing Policy

All Cadets are required to participate in the mandatory Drug Testing Program that includes testing for reasonable cause/suspicion, post-incident, return to duty and follow-up and random testing. This program is consistent with the U.S. Department of Transportation (DOT) Drug Testing regulations. Specific procedures are available from the Office of the Commandant.

Drug testing includes screening for marijuana and its active ingredients.

Refusal to participate in the drug test program; falsifying or attempting to falsify a drug test; or intentionally missing a scheduled drug test shall lead to disciplinary action.

Tobacco/No Smoking Policy

Effective September 1, 2017, all California State University campuses shall be 100% Smoke Free and Tobacco Free. Therefore, smoking, the use or sale of tobacco products, and the use of designated smoking areas are prohibited at Cal Maritime. This applies to the Training Ship GOLDEN BEAR while docked at Cal Maritime and while sailing

Alcohol Beverages – Sale, Serving, and Consumption

Enterprise Services trains their servers with a program called ServSafe Alcohol. Identification is required to verify alcohol is served to anyone over 21. During campus or community celebratory events, Enterprise Services offer drink limits and partner with campus Police Department to help monitor events. Enterprise Services offers alcohol free social options such as Late-Night Morrow Cove. Student Activities also offers alcohol-free activities and events for students.

Related University Housing Policies

Excerpt from Residence Life Policies:

- 1.1 The sale, purchase, possession and transportation, storage and consumption of alcoholic beverages in residence halls are prohibited. Additionally, members of the Corps of Cadets may be charged in accordance with regulations.
- 1.2 The possession of alcohol beverage containers including but not limited to: full or empty bottles, cans, shot glasses, decorative bottles, wine glasses, wine boxes, etc is prohibited. No "collections" of alcohol beverage containers are permitted.
- 1.3 Possession, usage, sale, distribution, brewing or being in the presence of alcohol anywhere within or on grounds immediately adjacent to the on-campus housing facilities is prohibited.
- 1.4 Possessing or using a common source of mass consumption of alcohol (e.g. keg, party ball, trash can, etc.) or participating in an event where a common source is present is prohibited.
- 1.5 Paraphernalia – Possessing, collecting, or otherwise displaying any containers, marketing materials, advertisements, or items bearing the name, logo or likeness to any alcoholic beverage is prohibited.
- 1.6 Violation of other University policies while under the influence of alcohol is a violation.
- 1.7 Inability to exercise care for one's own safety and/or the safety of others (including drawing attention to oneself) due to intoxication is a violation.
- 1.8 Organizing or participating in activities where alcohol is present or being consumed is prohibited. Participation is defined as being present at the event regardless of consumption.

NOTE -- Identified items under this policy are subject to confiscation, disposal and/or destruction.

Amnesty/Responsible Action Protocol Policies

Cal Maritime amnesty policy is designed to encourage cadets to call for medical assistance when faced with any situation that involves the use (or abuse) of drugs or alcohol. To encourage reporting in these types of situations, the University will not subject the reporting party, who is a cadet or a cadet-employee, to disciplinary action due to violation of the University's policies. University's primary concern is the safety of the campus community.

This protocol removes punitive sanctions for first-time infractions involving alcohol and/or other drugs and substances for both the person making the call for help, as well as the person experiencing the medical emergency. When an incident occurs, the Conduct Office will review the incident to confirm it falls within the parameters of the Amnesty Protocol. The individual who seeks medical assistance on behalf of another must remain with the individual experiencing alcohol- or drug-related overdose until help arrives. University reserves the right to require individuals who are granted amnesty under this policy to participate in assessments, training, counseling, or related educational programs.

The purpose of this policy is to hold harmless* those cadets seeking immediate medical assistance on behalf of persons experiencing drug- or alcohol-related emergencies or when an alleged victim and/or witness is reporting any incidents of Sexual Misconduct, Dating or Domestic Violence, or Stalking, out

of concern that they might be disciplined for related violations of drug, alcohol, or other University policies. In addition, we uphold the California Good Samaritan Code Section 25667, which applies amnesty to people under the age of 21 under certain conditions.

**US Coast Guard regulations shall continue to apply*

Amnesty Policy FAQs

Q. If a cadet calls on behalf of the group or organization and multiple members stay with the “victim” until help arrives, do they all qualify for “amnesty?”

A. Yes

Q: What happens if it is not your first offense?

A. Individuals receiving repeated amnesty may be required to participate in assessments, training, counseling, or related educational programs.

Q. If an incident happens off campus does this policy apply? How does the Good Samaritan law fit in?

A. Yes. On or off campus, California’s Good Samaritan laws apply.

Q. Do you have to say anything to invoke the amnesty policy?

A. No.

Q. When am I allowed to leave?

A. You may leave when permitted by the responding authority.

Q. What does it mean to seek medical assistance in good faith?

A. It means the amnesty policy will not apply in the case of an obviously false or disingenuous call for help. If, however, you are genuinely worried that a peer may be at risk for death or injury due to alcohol or drug use, please seek help. If it turns out they don’t need medical attention, but you had good reason for concern (that is, you acted in good faith), the amnesty policy applies.

Q. Would this policy support me if another person drugged me?

A. Yes.

Q. What happens when an underage person is drinking off campus and then comes onto campus? Are they still covered?

A. It does not matter where the cadet initially consumed the substances.

Q: Does this first-time infraction portion also apply to RHOs if they need to call for help for multiple residents?

A. No, as long as the RHO didn’t violate a campus or university housing policy during the incident, they have nothing to worry about. Calling for medical assistance when a cadet is in danger from alcohol or drug use is an important part of the RHO’s job. RHOs, by protocol, are required to document any alcohol or substances in the room—even when they make a medical call.

Q. Does the Amnesty Policy protect me from any consequences for having an alcohol bottle out when the RHO comes?

Yes. Focus on the cadet in need while you wait for assistance.

Q. If I call the RHO before I call the police, am I still covered by the Amnesty Policy? Or do I need to call the police and then my RHO?

A. Yes, you are protected as long as you call a campus authority, the police, or 911

Q. Does this policy only apply if both parties are under 21?

A. Age is not a factor.

Q. How does the Amnesty Policy apply in private space (resident room) versus a public space (outside the building or in common building areas)?

A. The policy applies equally in Cal Maritime public or private spaces.

Alcohol Violations

Violations will be addressed through appropriate disciplinary channels. Notice shall be posted at or near the principal entrances of each campus or property calling attention to the existence of the rules.

Violations of Cal Maritime Policy on Use of Alcoholic Beverages unrelated to watch or the Annual Training Cruises may be charged as a Violation of the Alcohol Policy while in a non-duty or work status. The Conduct Review Board may hear a first offense. All others, or warranted first time violations, may be heard by the DRH or Captain's Mast. (20 to 50 Demerits to suspension/dismissal)

NOTE: The 1998 Higher Education Amendments added a new exception to FERPA and California Information Practices Act, allowing higher education institutions to disclose to the parents of a student under the age of 21 regarding a violation by their child of laws or University policy relating to alcohol or drug use or possession

Use, possession, manufacture, or distribution of alcoholic beverages (except as expressly permitted by law and University regulations), or public intoxication while on campus or at a university-related activity. Violations of the California Maritime Policy on the Use of Alcoholic Beverages may be charged as a violation of the Alcohol Policy while in a non-duty or non-work status or a duty or work status.

Violation of the Alcohol Policy while in a duty or work status (50 Demerits to suspension/dismissal)

Violation of the Alcohol Policy while in a non-duty or non-work status.

The Conduct Review Board may hear a first offense. All others or warranted offenses will be heard by the DRH or Captain's Mast.

1. First Offense – 30-50 Demerits & Completion of On-Line Alcohol Course
2. Second Offense – 40-70 Demerits to Suspension & Counseling (Will be referred to DRH)
3. Third Offense or More – 1 year suspension/dismissal & Counseling. (Will be referred to DRH)

Violations of the Alcohol Policy include:

1. The sale, purchase, possession and transportation, storage, and consumption of alcoholic beverages in residence halls are prohibited. (30–50 Demerits to suspension/dismissal).
2. The possession of alcohol beverage containers including empty bottles or cans is prohibited. (30-50 Demerits)

3. Possession, usage, sale, distribution, brewing or being in the presence of alcohol anywhere within or on grounds immediately adjacent to the on-campus housing facilities is prohibited. (30-50 Demerits to suspension/dismissal).
4. Possessing or using a common source of alcohol (e.g., keg, party ball, trash can, etc.) or participating in an event where a common source is present is prohibited. (30-50 demerits to suspension/dismissal).
5. Paraphernalia - Possessing, collecting, or otherwise displaying any containers, marketing materials, advertisements, or items bearing the name, logo or likeness to any alcoholic beverage is prohibited. (30-50 demerits).
6. Violation of other university policies while under the influence of alcohol is a violation. (30-50 demerits to suspension/dismissal).
7. Inability to exercise care for one's own safety and/or the safety of others (Including drawing attention to oneself) due to intoxication is a violation. If a student is transported to the hospital, they have lost the ability to exercise care for one's own safety (50 demerits to suspension/dismissal).
8. Organizing or participating in activities where alcohol is present or being consumed is prohibited. Participation is defined as being present at the event regardless of consumption. (30-50 demerits to suspension/dismissal).

Employee Assistance Program Referral Policy

Human Resources offers an Employee Assistance Program via LifeMatters by Empathia. Immediate support is available to employees 24 hours a day and 7 days a week. Employees can call 1800 367-7474 or access mylifematters.com. Lifematters have skilled professionals that can provide focus, direction, and support around: marriage and relationships, family conflict, stress, anxiety, and emotional distress, grief and loss, alcohol and drug dependency, and other life changes.

Financial Aid Drug Convictions Policy

Federal Student aid eligibility might be suspended if the offense occurred while a cadet received federal student aid (grants, loans, or work-study). When a cadet completes the FAFSA form, they will be asked whether they have had a drug conviction for an offense that occurred while they were receiving federal student aid. If the answer is yes, they will be provided a worksheet to help determine whether the conviction affects eligibility for federal student aid.

If the cadet's eligibility for federal student aid has been suspended due to a drug conviction, they can regain eligibility early by successfully completing an approved drug rehabilitation program or by passing two unannounced drug tests administered by an approved drug rehabilitation program. If the cadet regains eligibility during the award year, they should notify the financial aid office immediately so they can get any aid they are eligible for.

If a cadet was convicted of a drug-related offense after they submitted the FAFSA form, they might lose eligibility for federal student aid, and might be liable for returning any financial aid received during a period of ineligibility.

If a cadet has been convicted of a forcible or nonforcible sexual offense, and they are subject to an involuntary civil commitment upon completion of a period of incarceration for that offense, they cannot receive a Federal Pell Grant.

Sexual Assault and other violence related policies that related to alcohol/other drug use

CSU Executive Order 1097 - Governs the procedures that California State University Maritime Academy follows when Students make a complaint regarding Discrimination, Harassment and Retaliation, Sexual Misconduct, Dating and Domestic Violence, and Stalking. CSU Executive Order 1097 informs Students of their rights and responsibilities when they make a complaint and describes the process.

See the complete policy here: <https://calstate.policystat.com/policy/8453516/latest/>

CSU Executive Order 1096 - Governs the procedures that California State University Maritime Academy follows when Student Employees make a complaint regarding Discrimination, Harassment, Retaliation, Sexual Misconduct, Dating and Domestic Violence, and Stalking when that complaint arose out of their status as an employee and/or their work environment, while they are acting as an employee.

See the complete policy here: <https://calstate.policystat.com/policy/8453514/latest/?>

General Administration and Oversight of each policy, particularly if not noted within the text of the policy

The Office of the Commandant oversees the mandatory drug testing policy. All cadets must participate in the mandatory Drug Testing Program that includes a Drug and Alcohol Testing Program for reasonable cause/suspicion, post-accident, return-to-duty, and follow-up and random testing. This program is consistent with the U.S. Department of Transportation (DOT) drug testing regulations. Specific procedures are available from the Office of the Commandant. Campus Police may be called to enforce any alcohol or drug violations. The Captain and the Commandants oversee policies when the ship is out to sea.

Housing staff also enforce the Code of Conduct outlined in the student handbook, which includes upholding drug and alcohol policies. Students who violate the code of conduct for drug and alcohol offenses are adjudicated based on the process outlined in the student handbook, which includes punitive and rehab measures for alcohol and drug infractions. Rehabilitation may include further online educational modules, mandated drug, or alcohol counseling, as well as other possible requirements.

The Athletics Department provides student-athletes with further alcohol and drug use prevention and education, including briefings before travel and a behavioral contract for drug and alcohol use.

Description of who oversees monitoring of discipline/sanctioning/adjudication of policy

Dr. Mac Griswold (Dean of Students, Student Conduct Administrator) and Roger Scranton, Judicial Officer, Discipline & Conduct (Conduct Facilitator) oversee the monitoring of discipline, sanctioning, and adjudication of policy. Captain's Mast will hear all violations of Class I and Class III on board the Training Ship, which are not heard by the Conduct Review Board. All violations will be evaluated by the Cruise Commandant onboard the TS GOLDEN BEAR to determine the appropriate Hearing Board on the Training Ship.

Methods used for general enforcement

Residence Hall Officers, Resident Life Director and Coordinators, Corp Officers are responsible for the enforcement of the policies. Campus Police can be called for assistance and may request mutual aid from the Vallejo Police Department.

The Captain or Commandants at Annual Cruise and Faculty on International Experience trips may provide monitoring of alcohol and other drug policies.

AOD COMPREHENSIVE PROGRAM /INTERVENTION INVENTORY & RELATED PROCESS AND OUTCOMES/DATA

Individual Based Programs and/or Interventions:

- Cadets, faculty, and staff are referred to the Genesis House (<http://www.genesis-house.com>) located in Vallejo, California. The facility contains 31 treatment beds for men and women. Its primary function is to provide individualized based treatment determined in 30-day increment assessments in a highly structured atmosphere for substance abuse. The program provides services via individual client treatment plans, intensive group experiences, and one on one counseling. Strong program emphasis is placed on client's growth from program dependence to personal independence. Development and implementation of vocational or educational plans are carefully staged based off the individual's needs.
- For individual interventions for staff and faculty, Cal Maritime offers EAP through Lifematters. Telephone and face-to-face counseling is available for alcohol or drug dependency, tobacco cessation.
- First time offenders go through "Student Success" which is a 2-hour online program.
- Second time offenders go through "Use Assessment", can use Student Health, or be referred to outside programs. They must provide documentation for appointments made and completed recommendations by counselor.

Group Based Programs and/or Interventions:

- Peer Health Educators provide outreach events throughout the year to raise alcohol and other drugs awareness. They collaborate with Residence Life, Corp of Cadets, Associated Students, Title IX, and other campus partners with programming. Examples include Orientation presentations, RHO educational programming, Mental Health Awareness Week, Red Ribbon Week, Chill Lounge, and Sex in the Dark. In February, the Peer Health Educators partner with Residence Life for their annual Sex in the Dark Program. The program is a Q/A forum about sex and relationships. Topics around sexual assault prevention, consent, and alcohol are discussed. Peer Health Educators also work with Students Against Destructive Decisions (SADD) and Rockers Against Drunk Driving (RADD) for outreach events.
- In Summer 2021, Orientation Leaders went through a 4-hour seminar on bystander intervention, digital abuse and cyberbullying, alcohol and other drugs, conduct, and sexual assault. The presentation was given in 3 groups of 30 cadet leaders. The Student Health Center gave a zoom presentation to parents about how to talk to their incoming cadets about alcohol. During Orientation Week, rotating 30-minute presentations around alcohol, conduct, and bystander intervention were given to incoming cadets.
- The Student Health Center offers Training Intervention Procedures (TIPS) training, an alcohol intervention program for cadets. TIPS is a 2-to-2.5-hour alcohol education program that is divided into three parts: 1) alcohol education 2) videos on different alcohol-related scenarios 3) roleplaying. After the program, cadets take an exam and are TIPS certified for 3 years. Benefits include decision-making skills that help guide cadet behavior and that they are more likely to consider the consequences of their actions. In addition, cadets gain more confidence to intervene in difficult alcohol-related situations to prevent alcohol-related incidents on campus such as property damage, injury, and drunk driving.
- Counseling and Psychological Services (CAPS) purchased several mental health applications through the Chancellor's Office Mental Health Partnership Grant. These applications include

You@College, Nod, and TaoConnect. You@College (<http://you.csum.edu>) is a wellbeing portal that offers tips and tools around mental and physical health. It offers self-check quizzes and allows cadets to make personal goals around their wellbeing. Nod is an application designed to guide students through building meaningful relationships. It helps a cadet break out of their social comfort zone along with dealing with the challenges that come along with that. TaoConnect (Therapy Assistance Online) includes online modules that cadets can self-enroll and do psychoeducation (ie. stress reduction, mindfulness-based library, anxiety reduction, etc.) A student can self-enroll or be working with a counselor who then assigns these modules as adjuncts to therapy.

- First Year Experience Series is offered to incoming cadets, transfers, and returning first time on campus cadets. The program is comprised of seminars spaced throughout the semester and is focused on college topics for facilitator training.
- The campus uses an online educational program called “Student Success” from Vector Solutions. It is administered at the start of the Fall semester to incoming cadets. Vineeta Dhillon, Title IX Coordinator, is responsible for the Title IX portion. Roger Scranton, Judicial Affairs Officer, is responsible for the Alcohol education portion and sanction component of the program.
- Alcohol and other Drug Task Force (ATOD) was chaired by Dr. Bruce Wilbur, Student Health Center Medical Director from 2018-2020. Dr. Wilbur retired in 2020 at the beginning of the COVID pandemic. The task force is currently on pause until a new leadership and focus for the task force can be identified. It is planned to restart the ATOD Task Force after an 18 month, [JED Foundation](#) evaluation. Their purpose is to guide schools through a collaborative process of comprehensive systems, program, and policy development with customized support to build upon existing student mental health, substance use, and suicide prevention efforts.
- Associated Students of Cal Maritime Academy (ASCMA) offers cadets the chance to join clubs, activities, or events. Some of these activities include Laser Tag, Paintball, Trips to San Francisco, and Pottery Night. Cadets can also check out bikes, camping gear, and other recreational items. ASCMA partners with Peer Health Educators (PHEs) and Residence Hall Officers (RHOs) for health and wellness-related programming.
- The campus has a new Makerspace equipped for a wide variety of skills and projects, including (but certainly not limited to) sewing, 3D printing, and soldering. It is open to the Cal Maritime campus community, including students, staff, and faculty.
- The Office of Community Engagement works closely with local non-profit organizations, schools, and governing agencies to provide cadets with volunteer projects. These volunteer opportunities have helped to build sustainable partnerships that promote service and engagement for Cal Maritime students, faculty, and staff. Cadets can be recognized for their service at the conclusion of each semester with Community Service Ribbon and awarded stars at the conclusion of each semester. Reward items are given for different levels of service: Level 1: 15-19 hours, Level 2: 20-29 hours, Level 3: 30-44 hours, Level 4: 45 - 59 hours, Level 5: 60+ hours. Cadets must have documented community service hours through the Office of Community Engagement. Service must benefit an off-campus non-profit, governmental, or educational organization. Hours required for a class or student conduct may be counted toward the Community Service Ribbon and other awards (prior approval must be from the Community Engagement Coordinator).
- Enterprise Services trains their servers with a program called ServSafe Alcohol. Identification is required to verify alcohol is served to anyone over 21. During campus or community celebratory events, Enterprise Services offer drink limits and partner with campus Police Department to help

monitor events. Enterprise Services offers alcohol-free social options such as Late-Night Morrow Cove. Student Activities also offer alcohol-free activities and events for cadets.

- Residence Hall Officers (RHOs) and Residence Life staff also enforce the Code of Conduct standards as outlined in the student handbook, which includes upholding drug and alcohol policies. RHOs conduct weekly room walkthroughs for freshman cadets and monthly walkthroughs for upperclassman. This walkthrough includes health and safety checks and identifying any alcohol and alcohol paraphernalia. RHOs provide alcohol education and prevention programs each semester.
- Cal Maritime has a Police Department that provides 24 hours a day, year-round protection for the campus community. They are a fully vested police department recognized by the California Police Officers Standards of Training and employ 10 sworn officers with full arrest powers. The police department is responsible for enforcing DUIs (Driving under the Influence) on campus.

AOD COMPREHENSIVE PROGRAM GOALS AND OBJECTIVES FOR BIENNIUM PERIOD BEING REVIEWED

AOD SWOT Analysis

Strengths

- The Cadet Handbook is reviewed and updated annually. It is given to every incoming and transfer cadet.
- National College Health Association (NCHA) Survey is conducted every 2 years. The data provides a snapshot of Cal Maritime cadets' college health behaviors.
- Policies are overseen by Cadet Leadership and Development, Commandant's Office, and Judicial Affairs.
- Solid process for violations which are classified in the Code of Conduct.
- Strong Administration Policy.

Weaknesses

- Alcohol and Other Drugs Committee (ATOD) on pause until new leadership can be identified.
- No annual notification distribution plan for Faculty and Staff
- Limited weekend activities for cadets who are on campus

Opportunities

- In Fall 2021, The Student Health Center and Counseling and Psychological Services (CAPS) partnered with the JED Campus Foundation to conduct an 18-month fundamental evaluation. JED Campus guides colleges and universities through a collaborative process of program and policy development, with customized support by a dedicated campus advisor to help build upon our existing cadet mental health offerings. Our campus will receive evaluations, feedback, strategic plans, implementation recommendations, and more.
- Cadet Leadership and Development priorities for 2020-21 include continuing to outreach to cadets regarding mental health, resiliency, and wellness.
- Implementing Training for Intervention Procedures (TIPS), an alcohol intervention training program during 2022 Cadet Leader Training. TIPS is a 2-to-2.5-hour alcohol education program that is divided into three parts: 1) alcohol education 2) videos on different alcohol related scenarios 3) roleplaying. After the program, cadets take an exam and are TIPS certified for 3 years.
- Continued partnerships with Students Against Destructive Decisions (SADD) and Rockers Against Drunk Driving (RADD) to help with awareness and outreach programming. SADD membership is currently free for campuses in California.
- Cal Maritime is part of the Alcohol and Other Drugs (ATOD) Collaborative for Solano County. The mission of the Solano County Alcohol, Tobacco and Other Drug (ATOD) Prevention Collaborative is to reduce the ATOD use among youth in Solano County. They meet regularly to share up-to-date ATOD resources and community events. The Health Educator is a member of the Tobacco Free Solano County Coalition which also offers up-to-date news on tobacco policies and resources.

Threats

- Covid-19 pandemic and potential campus shutdown with Covid variants.

Recommendations for the next Biennium (2021-23)

- After JED's 18-month campus evaluation, recommendations from the report will be taken into consideration for additional programs or changes in policy. This will include directions on how to provide an emotionally supportive climate, as well as resources and programs for cadets with drug and alcohol problems. This includes cadets on campus but also on the Training Ship.
- Increase the rigor of our campus' DFSCA compliance program, including Drug and Alcohol prevention programs and policies.
- Reinvigorate the ATOD (Alcohol, and Other Drugs) Task Force to help oversee policy, programs, and overall campus climate.
- Continue ongoing partnerships with outside partners such as: Solano County Department of Health, ATOD Collaborative and Tobacco Education Coalition, Students Against Destructive Decisions (SADD), and Rockers Against Drunk Driving (RADD).

APPENDIX

I: 2021 National College Health Assessment III

https://www.csum.edu/student-health-center/media/ncha_2021.pdf

II: 2019 With US Bystander Intervention

<https://www.csum.edu/student-health-center/media/2019-06-19-with-us-survey.pdf>

III: 2021 DFSCA Annual Notification

<https://www.csum.edu/cadet-leadership-and-development/media/2021-dfsca-annual-notification.pdf>