

Subject: Excessive heat warning for Labor Day weekend through Tuesday September 8
Date: Friday, September 2, 2022 at 11:26:17 Pacific Daylight Time
From: Environmental Health & Safety
To: All Faculty, All POI, All Staff, All Students

Dear Campus Community,

An excessive heat warning has been issued for Solano County from **1100 Saturday, September 3 through 2000, Tuesday, September 8**. Please find below information to safeguard yourself, relief resources on campus, and best practices for reducing energy use.

Safeguard yourself from heat-related health issues by:

- Drinking plenty of water and avoiding caffeine or sugary drinks
- Minimize heavy exertion outdoors
- Take frequent breaks in the shade, especially if working outside
- Monitoring yourself and others for any signs of heat stress

Relief Resources on campus:

- Upper campus:
 - Physical Education and Aquatic Center (PEAC) Weight Room & Cardio Room will be open as follows:
 - 9/2 Friday 0800-1700
 - 9/3 Saturday 1200-1600
 - 9/4 Sunday Closed
 - 9/5 Monday 1000-1500
 - Pool: Lap Swim:
 - 9/2 Friday 1100-1300
 - 9/3 Saturday 1300-1600
 - 9/4 Sunday 1300-1600
 - 9/5 Monday 1300-1600
 - University Police Department (UPD) (access lobby 24/7 using your PortPass)
- Lower Campus:
 - Sim Center daily 1100-1800
 - Library (Hours Saturday 1030-1630, Sunday 1400-2200, Monday, September 7, Labor Day, 1400-2000, Tuesday 0730-2200)

Please visit the following links for additional information:

- [Cal Maritime's Heat Illness Prevention Program](#)
- [Solano Public Health Excessive Heat Warning](#)
- [ASPCA Safety Tips for Pets During Hot Weather](#)

Helpful Tips to Reduce Electrical Demands

While we are not currently identified for a rolling blackout, one could be imposed without notice. Please do everything you can to reduce your energy use:

- Lighting
 - o Turn off unnecessary office lights and use natural lighting where possible.
- Thermostat
 - o In the summer, set your zone thermostat to 78° or higher when possible.
- Prevent Leaks
 - o Check window vents to make sure they are clear of paper and other debris.
 - o Adjust the blinds on windows that receive direct sunlight
 - o Keep exterior windows and doors closed to prevent the loss of cooled or heated air.
- Equipment
 - o Turn off any office equipment that is not currently in use. Alternately, look for sleep or power-saving modes in-between uses during the day.
 - o Enable power management settings on all computers so that they go to sleep and turn off screens when not in use.
- Break room
 - o Unplug electronics such as coffee-makers and microwaves when not in use and when the day is done.
- End-of-the-Day
 - o As you leave the office, get in the habit of checking to make sure computers, printers/copiers, and other office equipment are fully shut down. If possible, switch them off at the power strip to ensure they are no longer draining energy. If you have operable windows, please ensure they are secured.