

# Fall 2022 CSU Maritime Simplified COVID Program

## Vaccination

- Must be up to date on COVID-19 Vaccination Requirements.
  - <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html> to determine your requirements
- If you have a medical or religious exemption you must have an approved accommodation by the Student Health Center for Cadets and Human Resources for employees
- Upload your vaccination information in to Peoplesoft Student or Employee self service based on your classification

## If you feel ill or are exposed

- If you experience COVID related symptoms
  - Isolate at home
  - obtain an FDA approved test. Rapid Antigen is recommended and home test is acceptable.
  - A negative test is required to return
  - Wear a mask around other until ten days after initial positive test.
- If you were exposed to a person confirmed with a positive test for COVID
  - Wear a mask around others for 10 days
  - Monitor yourself for symptoms
  - Test at 5 days after the exposure
  - Isolate and test immediately if you develop symptoms

## Prevention

- Wash your hands or sanitize frequently
  - This includes high contact surfaces
- Wear a high-quality mask with a good fit