Cycle 1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST							
Exhibition Action Station	Eggs to Order	Eggs to Order	Eggs to Order	Eggs to Order	Eggs to Order	Eggs to Order	Eggs to Order
	Create an Omelet	Ham & Cheese Omelet	Create an Omelet	Denver Omelet	Create an Omelet	Italian Omelet	Create an Omelet
Breakfast Main AM Specialty Bar Mirror on Formation Days	Classic Scrambled	Classic Scrambled	Classic Scrambled	Classic Scrambled	Classic Scrambled	Classic Scrambled	Classic Scrambled
	Tortillas / Spanish Rice	Buttermilk Pancake	French Toast	Buttermilk Biscuits	Berry Pancake	Tortillas / Spanish Rice	Hawaiian Fried Rice (Vegetarian)
	Chorizo	Sausage Links	Bacon	Beef Breakfast Gravy	Ham Steaks	Chorizo	Bacon / Sausage Links
	Papas Frito	Country Potato	Tator Tots	Golden Hash Brown	Roasted Potatos	Papas Frito	Hash Brown Patties
Breakfast	Assorted Danish Pastries	Assorted Donuts	Assorted Danish Pastries	Assortted Coffee Cakes	Assorted Breakfast Bars	Assorted Donuts	Mini Muffins
	3 Assorted Yogurts	3 Assorted Yogurts	3 Assorted Yogurts	3 Assorted Yogurts	3 Assorted Yogurts	3 Assorted Yogurts	3 Assorted Yogurts
	Sliced Fruits, Gelatin, Cottage Cheese	Fruit Salad, Gelatin, Cottage Cheese.	Sliced Fruits, Gelatin, Cottage Cheese	Fruit Salad, Gelatin, Cottage Cheese.	Sliced Fruits, Gelatin, Cottage Cheese	Fruit Salad, Gelatin, Cottage Cheese.	Sliced Fruits, Gelatin, Cottage Cheese
Toast Bar / Bread Station	Toast Station with Assorted Breads and Toppings	Toast Station with Assorted Breads and Toppings	Toast Station with Assorted Breads and Toppings	Toast Station with Assorted Breads and Toppings	Toast Station with Assorted Breads and Toppings	Toast Station with Assorted Breads and Toppings	Toast Station with Assorted Breads and Toppings
LUNCH							
Salad Bar	Steel Oats	Potato Salad	Power Quinoa	Steel Oats	Barley	Bulgar Tabouli	Cous Cous
	Cheese Tortellini Salad	Italian Penne Pasta	Roasted Potato Salad	Cheese Tortellini Salad	Grilled Vegetables	Classic Potato Salad	Sundried Tomato Pasta Toss
	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens
	Plain Tuna	Plain Tuna	Grilled Chicken	Plain Tuna	Grilled Chicken	Plain Tuna	Grilled Chicken
	3 Dressings	3 Dressings	3 Dressings	3 Dressings	3 Dressings	3 Dressings	3 Dressings
	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings
	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings
Soup	Chicken Noodle	Meatball Soup	Cream of Brocolli	Tomato Soup	Split Pea Soup	Corn Chowder	Lentil
	Split Pea	Vegetable Soup	Meatball Wedding Soup	Chicken Noodle Soup	Minestrone with Beef	Manhattan Clam Chowder	Chicken Soup with Rice
Pizza Station		Sausage and Mushroom	Hawaiian Pizza	Greek Pizza Flatbread	Pepperoni	Pepperoni 8"	
		BBQ Chicken	4 Cheese	Meatlovers	Combination	The Works	

Specialty Station	Smoothie Bar	European	Mediterranean Flatbread Bar	Ramen Bar			
		Swedish Pork Steak Patties	Naan	Ramen Noodles			
		Gravy	Gyro	Ramen Broth			
		Roasted Potato Mash	Hummus	Assorted Vegetables			
		Tri Blend Vegetables	Tzatziki	Shrimp and Chicken			
Deli Bar		Turkey Criossant	BBQ Beef Sandwich	Buffalo Chicken	Nutty Tuna Salad	Grilled Chicken Sandwich	Grilled Chicken Sandwich
		Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef
		Toppings and Spreads	Toppings and Spreads	Toppings and Spreads	Toppings and Spreads	Toppings and Spreads	Toppings and Spreads
Main Line	**Brunch**	Comfort Food	Americana	Hispanic	Italian	Home Country	**Brunch**
		Beef Brisket	Roasted Potato	Spanish Rice	Orzo Pasta	Mashed Potato	
		Salmon	Steamed Vegetables	Corn	Italian Blend	Peas	
		Saute Noodles and Vegetables	Grilled Chicken	Carnitas Pork	Chicken Parmesan	Pork Cutlet	
		Steamed Rice	Salisbury Steak	Pollo Asado	Meat Balls	Fried Chicken	
		Vegetables	Gravy	Refried Beans	Marinara Sauce	Vegetable Stew	
Action Station	OMELET TO ORDER	Asian Noodle Stir Fry	Tossed Penne Pasta	Hot Quesadillas	Pesto Pasta Toss	Carved Roast Beef	OMELET TO ORDER
Grill Station	Breakfast Grilled Cheese with Bacon	Chicken Patty Melt	Cheese Burger	Ruben Sandwich	Grilled Chicken	Philly Cheesesteak	Egg Muffin and Cheese
	Hash Brown Patty	Hamburger	Hot Dog	Hamburger	Polish Dogs	Philly CheeseChicken	Hash Brown Patty
		Garden Burger	Garden Burger	Garden Burger	Garden Burger	Garden Burger	
		Steak Fry	Curley Fry	Shoestring Fry	Wedge Fry	Waffle Fry	
Desserts	Assorted Danishes	3 Select Specials	3 Select Specials	3 Select Specials	3 Select Specials	3 Select Specials	Assorted Danishes
	Barrel Ice Cream	Soft Serve Ice Cream	Soft Serve Ice Cream	Soft Serve Ice Cream	Soft Serve Ice Cream	Soft Serve Ice Cream	Barrel Ice Cream

DINNER

Salad Bar	Power Quinoa	Potato Salad	Power Quinoa	Steel Oats	Barley	Bulgar Tabouli	Cous Cous
	Roasted Potato Salad	Italian Penne Pasta	Roasted Potato Salad	Cheese Tortellini Salad	Grilled Vegetables	Classic Potato Salad	Sundried Tomato Pasta Toss
	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens	2 Tossed Greens
	Plain Tuna	Grilled Chicken	Plain Tuna	Grilled Chicken	Plain Tuna	Grilled Chicken	Plain Tuna
	3 Dressings	3 Dressings	3 Dressings	3 Dressings	3 Dressings	3 Dressings	3 Dressings
	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings	3 Dry Toppings
	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings	6 Salad Toppings

Soup	Split Pea Soup	Meatball Soup	Cream of Brocolli	Tomato Soup	Split Pea Soup	Corn Chowder	Lentil
	Minestrone with Beef	Vegetable Soup	Meatball Wedding Soup	Chicken Noodle Soup	Minestrone with Beef	Manhattan Clam Chowder	Chicken Soup with Rice
Pizza Station	Pepperoni	Sausage and Mushroom	Hawaiian Pizza	Greek Pizza Flatbread	Pepperoni	Pepperoni 8"	Sausage and Mushroom
	Combination	BBQ Chicken	4 Cheese	Meatlovers	Combination	The Works	BBQ Chicken
Specialty Line	Tamales Bar	Burrito Bar	Soft Taco Bar	Tamales Bar	Enchilada Bar	Fajitas Bar	Hot Nachos
	Spanish Rice	Red Rice	Cilantro Rice	Spanish Rice	Hacienda Rice	Beans and Rice	Cheese
	Refried Beans	Pinto Beans	Black Beans	Refried Beans	Three Bean Bake	Sweet Corn Cake	Taco Meat
	Beef Bistek	Carnitas	Baja Fish	Beef Bistek	Roasted Onions and Peppers	Chicken or Beef with peppers and onions	Olives / Jalapeno Slices
	Sour Cream ans Salsa	Salsa, Sour Cream, Guacamole, Peppers, Lettuce, Diced Onions.	Sliced Acocado, Hot Peppers, Green Onions, Shredded Cabbage, lime and lemons	Sour Cream ans Salsa	Cheese, Olives, Salsa and Sour Cream	Pico De Gallo, Sour Cream, Sliced Acocado, Hot Peppers, Green Onions	Fresh Salsa
Main Line		Herb Roasted Pork Loin	Baked Chicken	Pork Chop	Baked Tilapia	Chicken Marsala	Swedish Meat Balls
		Asian Chicken Stir Fry	Scalloped Potato	Fried Garlic Rice	Aromatic Jamine Rice	Potato Au Gratin	Egg Noodles
		Steamed Rice	Roasted Squash	Macaroni and Cheese	Pickled Daikon and Peppers	Cauliflower, Broccoli and Carrots	Cream Sauce
		Broccoli Tofu	Steamed Vegetable	Apple Sauce	Asian Tofu	Vegetarian Pocket	Steamed Vegetables
		Sweet Potato Noodles		Steamed Carrots			
Action Station		Vegetable Mooshoo Wrap	Pasta Toss	Tempura Chicken Toss	Pasta Toss	Seafood Toss	Night Time Omelet
Deli Bar		Flat Bread and Parmesan Chicken	Falafel Pocket	Meat Ball Sub	BBQ Beef Kaiser	French Dip	Chicken Wrap
		Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef	Ham, Turkey, Salami, Roast Beef
		Toppings and Spreads	Toppings and Spreads	Toppings and Spreads	Toppings and Spreads	Toppings and Spreads	Toppings and Spreads
Grill Station		Chicken Patty Melt	Cheese Burger	Ruben Sandwich	Grilled Chicken	Philly Cheesesteak	Cheese Burgers
		Hamburger	Hot Dog	Hamburger	Polish Dogs	Philly CheeseChicken	Turkey Burger
		Garden Burger	Garden Burger	Garden Burger	Garden Burger	Garden Burger	Grilled Pepper Jack Cheese
		Steak Fry	Curley Fry	Shoestring Fry	Wedge Fry	Waffle Fry	Shoestring Fries
Desserts		3 Select Specials	3 Select Specials	3 Select Specials	3 Select Specials	3 Select Specials	3 Select Specials
		Soft Serve Ice Cream	Soft Serve Ice Cream	Soft Serve Ice Cream	Soft Serve Ice Cream	Soft Serve Ice Cream	Barrel Ice Cream

***We use ingredients that may have been processed in facilities that process dairy or nut products

*****Allergens will be noted on Product Identifiers**

***Menu items subject to change for any reason at anytime.