### **Campus Location**

Student Health Services is located in the Student Center Building.

#### LOCAL HOSPITALS

If you become ill or injured after hours and need to be seen in a hospital emergency room, Cal Maritime is located only 10 minutes away from both of the hospitals and Urgent Care that service the Vallejo Community.

### Sutter Solano Medical Center

300 Hospital Dr.

Vallejo, Ca

(707) 554-4444

### Kaiser Permanente

975 Sereno Dr.

Vallejo, Ca

(707) 651-1000

### ExcelCare-Urgent Care

3431 Broadway St (Hwy 29) Suite #A8

American Canyon, Ca

(707) 645-7229

Monday-Friday

1700-2100

Saturday 0900-1700

Sunday 1000-1500

### **DIRECTIONS TO:**

SUTTER SOLANO MEDICAL CENTER

300 Hospital Dr.

- Magazine St. to I-80 East
- Exit at Redwood St. West
- Stay right, follow over freeway to Tuolumne St.
- Turn right on Tuolumne St.
- Turn right Hospital Dr.

### KAISER PERMANENTE

975 Sereno Dr.

- Magazine St. to I-80 East
- Exit Redwood St. West
- Stay right, follow over freeway to Tuolumne St.
- Turn right on Tuolumne St.
- Turn left on Sereno Dr.

#### EXCELCARE

3431 Broadway St (Hwy 29) Suite #A8

- Left Sonoma Blvd
- Sonoma Blvd becomes Broadway St (Hwy 29)
- U-turn at Donaldson Way

California Maritime Academy

200 Maritime Academy Dr.

Vallejo, Ca 94590

Ph 707.654.1170

Fax 707.654.1171

healthcenter@csum.edu





# Student Health Services



California Maritime Academy

A campus of the California State University

Monday-Friday 0900-1700

To make an appointment please call:



### **Student Health Services**

### STUDENT HEALTH & WELLNESS

Physical well-being has a tremendous impact on academic performance. Health services are available to assist mental and physical health while attending Cal Maritime.

Student Health Services offers clinic-based primary care services to all enrolled students. A health care provider is available to assist students with their health care needs Monday through Friday. Cal Maritime encourages students to utilize Health Services drop-in clinics for their healthcare, pharmaceuticals & medical commodities prescribed by the campus physician are provided at no additional cost to the student.

### MANDATORY MEDICAL INSURANCE

Due to the special nature of the educational experience at the California Maritime Academy, which includes a training cruise, often involving international travel, students are required to be covered by health insurance. The Academy will stipulate the coverage and may provide an appropriate policy at costs for those without private coverage. The care of certain illnesses, injuries, and conditions occasionally may require hospitalization or referral to other community medical facilities for after hours, long term, specialty or other forms of care requiring staff, facilities and equipment that is not available from the Cal Maritime Health Services on campus or on board the Training Ship GOLDEN BEAR.

### **TYPES OF SERVICES**

### FIRST AID

A healthcare provider is available to assist a student with first aid care anytime Student Health Services is open.

After hours, access one of the many first aid kits strategically placed on campus. Always contact Security (707.654.1111) in the event of an emergency.

#### 24-hour Nurse Advice Line

1-800-977-0027

To access a wealth of useful healthcare information 24 hours a day, 7 days a week.

### **DROP-IN CLINIC**

Appointments are not required to access healthcare at the Cal Maritime Student Health Services.

Drop-in for your healthcare needs:

Monday-Friday

0900-1300 and 1400-1700

CLOSED WEEKENDS AND HOLIDAYS

\*\*Psychological Services by appointment, unless emergency exists\*\*



### **SPECIALTY CLINICS**

Throughout the academic year, additional services are offered to assist with your healthcare needs.

- Dermatology
- Massage Therapy (TBD)

## TRAINING SHIP GOLDEN BEAR MEDICAL TREATMENT FACILITY

During the annual training cruise, the Medical Treatment Facility on board the Training Ship GOLDEN BEAR is staffed with a team of emergency and/or internal medicine physicians and nurses throughout the cruise. The training ship is fully equipped with pharmaceuticals and medical care commodities to assist in the management of a student's health care needs while at sea.

### CONFIDENTIALITY

The healthcare provided to Cal Maritime students is confidential in accordance with HIPAA and applicable state and federal laws. A student's medical information is accessible only to the Health Service's professional staff and will not be released without written authorization from the student or a lawfully issued subpoena.